



Pêl Fasged Parth Cynhwysol

Gyda llai o chwaraewyr ar y fîm yn ogystal ag ardal chwarae wedi'u haddasu, gall merched a bechgyn, yn anabl a phobl nad ydynt yn anabl, cymryd rhan mewn gêm hwyliog o bêl-fasged.

Gallwch troi i fyny a chwarae yng Nghanolfan Hamdden Llanelli pob nos Lun 5-6pm! Ar agor i 9-18 oed. £2 y person

Inclusive Zone Basketball

The small-sided teams and adapted playing area enable girls and boys, both disabled and non-disabled, to participate in a fun game of basketball.

**Turn up and play at Llanelli Leisure Centre every Monday 5-6pm!
Open to those aged 9-18 years.
£2 per person**

**Am fwy o wybodaeth cysylltwch / For more information please contact
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