

Chwarae i blant yn Sir Gaerfyrddin

Mae Cyngor Sir Gaerfyrddin wedi ymrwymo i ddarparu cyfleoedd chwarae i blant sy'n byw yn Sir Gaerfyrddin ac eisiau i bob plentyn fod yn hapus, yn iach ac i fwynhau eu hamser hamdden.

Dyma beth mae plant Sir Gaerfyrddin wedi dweud wrthym am eu profiadau chwarae.

Mae cael cyfleoedd i chwarae yn gwneud iddyn nhw deimlo'n:



hapus
cyffrous
egniol

Eu hoff bethau yw

sgwrsio, bod gyda ffrindiau
gemau rhedeg a chwrsio
gemau pêl
dringo a bod gyda'u teuluoedd.

Mae plant yn teimlo mai'r rhwystrau o ran chwarae yn yr awyr agored yw



Gan amlaf, byddant yn chwarae

Yn y parc, ar gae neu lecyn glaswelltrog lleol, ar y traeth ac yn yr afon

Mae pobl ifanc yn awgrymu:



Play for children in Carmarthenshire

Carmarthenshire County Council are committed to providing opportunities for playing to children living in Carmarthenshire and wants every child to be happy, healthy and to enjoy their free time.

This is what children of Carmarthenshire have told us about their experiences of playing out.

Having opportunities to play makes them feel:

happy
excited
active

They most enjoy

- Chatting and being with friends
- Running and chasing games
- Ball games
- Climbing
- Being with families

Mostly they will play

In the park, local grassy area or field,

on the beach/seaside and in the river

The barriers to play are:

Bad Weather

Darkness

Homework

A+

Children suggest that:

Roads are made safer

People need to stop smoking in our play space

Dog mess is cleared up

