



April - July 2018

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------|--|--|---|---|---|
| Morning | <p>9:30am-11:00am</p> <p>LAP/Iaith a Chwarae A free bilingual drop in session for children aged 0-3yrs and parents. Including Arts and Crafts, Stories and Songs. Snacks and cold drinks provided</p> | <p>10am -11:30am</p> <p>Baby Massage Starting 17th April A free 6 week course. (Please ask staff for info)</p> | <p>9:30am-12pm</p> <p>Bumps, baby and beyond A 6 week course looking at baby ques, labour, feeding, and baby bathing Starting 2nd of May</p> | <p>9:30am-11.00am Bumps and Baby Group. Quiet session suitable for babies' new-born until mobile. Meet other new mums while babies make keepsakes and experience messy play</p> | <p>9:30am – 12:00pm Parent and Toddler A drop in session with free play, snack time, stories, songs and craft activities. This session will also include structured play activities for both parent and child</p> |
| | Lunch time | | | <p>9.30am-11.30am Flying Start Health Visitor Clinic & Perinatal Clinic</p> | <p>12:00pm – 1pm Lunch Club Enjoy an hour socializing over a delicious home cooked lunch</p> |
| Afternoon | | <p>12:45pm-2.45pm Level 1 young person and Children's Development accredited course An introduction into Children Development Please ask a member of staff for more information</p> | <p>1pm-2.30pm LAP/Iaith a chwarae 6 week LAP course. The LAP Programme aims to share ideas and activities through the integration of play and Communication (0-3yrs old) Snacks and refreshments provided. Starting: June 13th</p> | <p>1:00pm-3:00pm</p> <p>Together Time Come and join us for a special session designed for you and your little one to enjoy cherished time together.</p> | <p>1:00pm – 2:30pm Parent and Toddler A drop in session with free play, snack time, stories, songs and craft activities. This session will also include structured play activities for both parent and child</p> |
| | | <p>Drop in with Parent Employment Advisor</p> | <p>3pm-4.30pm Free Open Access Play 7-11years Play Club 3-6 children and parents. Siblings welcome</p> | | <p>3:30pm-5pm After School Club 4-7 year's old Siblings's welcome</p> |