



Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board



FS Carmarthenshire Parenting Support Programmes TERM 1 2018/19

Cluster Area	Course Title	Venue	Facilitator	Start Date	Day/Time	Benefit to parents with children aged:
AMMANFORD	Baby Babble TBC	Garnant Family centre	Lyndsey Pantell Williams & FS	11/06/2018-09/07/2018.	Monday 10.30am – 12pm	Parents with Babies 0 - 9 months old.
	STAR Programme	Betws Family Centre	Melissa Rees & Sera Evans	10/05/2018-12/07/2018	Thursday 10am-11.30am	For 14 - 25 year olds
	Family Links Nurturing Programme (FLNP)	Cennen Centre, Ammanford	Sera Evans & Janice Scott	23/04/2018-02/07/2018	Monday 12.30-14.30pm	Parents with children aged 1 - 3 years old
LLANELLI	Antenatal Group (Bumps and Beyond)	Morfa Integrated Childrens Centre	Helen Davies & Sharon O'Brien	02/05/2018- 13/06/18	Wednesday 9.30am-12pm	Antenatal women from 20 weeks onwards
	Baby Massage (Peter Walker)	Morfa Integrated Childrens Centre	Eleri Caine & Carole Walters	15/05/18 - 26/06/18	Tuesday 10 a.m to 11.30a.m	Parents with newborn and very young babies aged 0 - 12 months old
	Getting to Know Your Baby	Felinfoel Integrated Childrens Centre	Jo Gravell & Trish Davies	14/05/2018- 09/07/2018	Monday 1pm-2.30pm	Parents with newborn and young babies aged 0 - 12 months old
	Baby Massage (Peter Walker)	Felinfoel Integrated Childrens Centre	Carole Walters	14/05/2018- 25/06/2018	Monday 10a.m to 11.30 a.m	Parents with newborn and very young babies aged 0 - 12 months old
	Baby Massage (Peter Walker)	Llwynhendy Integrated Childrens Centre	Eleri Caine & Paula James	14/05/2018- 25/06/2018	Monday 1pm to 2.30pm	Parents with newborn and very young babies aged 0 - 12 months old
	Family Links Nurturing Programme (FLNP)	St Paul's Family Centre	Trish Davies & Jo Gravell	26/04/2018-12/07/2018	Thursday 12.45-2.45pm	Parents with children aged 0 - 3 years old
	Get Cooking	St Paul's Family Centre	Emma Kearney & Juliette Richards	01/05/2018- 26/06/2018	Tuesday 12.30pm-2.30pm	Parents with children of all ages
WEST LLANELLI	Handling Children's Behaviour	Burry Port Family Centre	Jo Gravell & Hazel Gibbs	09/05/2018- 11/07/2018	Wednesday 9.30am-11.30am	Parents with children aged 1 - 3 years old
TRIMSARAN/ CARWAY	Incredible Years Toddler Programme	Flying Start Early Years Childrens Centre, Trimsaran	Janice Scott & Sera Evans	01/05/2018-10/07/2018	Tuesday 1pm to 3pm	Parents with children aged 1 - 3 years old
	Baby Massage (Peter Walker)	Flying Start Early Years Childrens Centre, Trimsaran	Sara Thorne-Davies &	24/04/2017- 19/06/2018	Tuesday 9.30am-11am	Parents with babies 8 weeks-12 months old
Flying Start		 Old Morfa Infants School, New Street, Morfa, Llanelli, SA15 2DQ 				01554 742447