



September- December 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning	<p><b>9:30am-11:00am</b></p> <p><b>LAP/Iaith a Chwarae</b> A free bilingual drop in session for children aged 0-3yrs and parents. Including Arts and Crafts, Stories and Songs. Snacks and cold drinks provided</p>	<p><b>9:30am-11am</b></p> <p><b>Baby Massage</b></p> <p><b>A free 6 week course.</b> (Please ask a member of staff for further information)</p>	<p><b>9:30am-11:30am</b></p> <p><b>Handling Children's behaviour</b> Parenting course facilitated by Action for Children</p> <p>Starting 26/9/18- 14/11/18</p> <p><b>(Referrals only)</b></p>	<p><b>9:30am-11.00am</b></p> <p><b>Bumps and Baby Group.</b> Quiet session suitable for babies' new-born until mobile. Meet other new mums while babies make keepsakes and experience messy play</p>	<p><b>9:30am – 12:00pm</b></p> <p><b>Parent and Toddler</b> A drop in session with free play, snack time, stories, songs and craft activities. This session will also include structured play activities for both parent and child</p>
	<p><b>Lunch time</b></p> <p><b>1pm- 2:30pm</b></p>	<p><b>12:45pm-2.45pm</b></p> <p><b>Accredited Training</b></p> <p><b>Please ask a member of staff for more information about our up and coming courses</b></p>	<p><b>12:45pm-2:45pm</b></p> <p><b>Family Links Nurturing Programme</b> Sessions support parents to understand their own emotional needs and learn how to respond to their child whilst managing unwanted child behaviour through positive parenting</p> <p><b>Flying Start Referral only</b></p>	<p><b>9.30am-11.30am</b></p> <p><b>Flying Start Health Visitor Clinic &amp; Perinatal Clinic</b></p>	<p><b>12:00pm – 1pm</b></p> <p><b>Lunch Club</b> Enjoy an hour socializing over a delicious home cooked lunch</p>
Afternoon	<p><b>Drop in with Parent Employment Advisor – Jessica Huntley</b></p> <p><b>ALL DAY</b></p>		<p><b>3pm-4.30pm</b></p> <p><b>Free Open Access Play 7-11years</b> <b>Play Club 3-6 children and parents.</b></p>	<p><b>1:00pm-2:30pm</b></p> <p><b>Together Time</b> Come and join us for a special session designed for you and your little one to enjoy cherished time together.</p>	<p><b>1:00pm – 2:30pm</b></p> <p><b>Parent and Toddler</b> A drop in session with free play, snack time, stories, songs and craft activities. This session will also include structured play activities for both parent and child</p>
					<p><b>3:30pm-5pm</b></p> <p><b>After School Club</b> 4-11 year's old</p>