

# Team Around the Family In Carmarthenshire

## What is TAF all about?

## How can TAF help you?



## Information for Young People

Everyone needs a little extra help  
sometimes for happy, healthy and  
successful lives.

A TAF approach can pull the right people  
together to help you.



**It's about** talking about strengths as well  
as areas that could be improved.

It's about getting you the right help at the  
right time.

**It's about** bringing the right people  
together who can help into your Team  
Around the Family

**It's about** working with you, because you  
are an important member of that Team

**It's about** listening to you and giving you  
choices.

**TAF is all about making life better.**

- Young parents
- Difficulties in accessing services
- Housing
- Getting you into work, training or college

**TAF is VOLUNTARY and you can say  
NO at any time.**

If you think TAF can help **you**, you can:  
Speak to someone who is already working  
with you  
OR

Contact the Family Information Service



Gwasanaeth Gwybodaeth i Deuluoedd  
Sir Gaerfyrddin  
Family Information Service  
Carmarthenshire

### Family Information Service

Telephone: **01267 246555**

FIS text service: Please start your message  
with 'Children' and send to **07786 202747**

Fax: **01267 246745**

e-mail: [childreninfo@carmarthenshire.gov](mailto:childreninfo@carmarthenshire.gov)



# Tîm o Amgylch y Teulu (TAF) Yn Sir Gâr

Beth yw TAF?

Gyda beth gall TAF eich helpu?



## Gwybodaeth i Bobl Ifanc

Weithiau, mae angen ychydig o help ychwanegol ar Blant, Pobl Ifanc a'u Teuluoedd i gael bywydau hapus, iach a llwyddiannus.

Gall dull TAF dynnu'r bobl iawn at ei gilydd i'ch helpu.



**Mae'n ymwneud â** siarad am gryfderau yn ogystal â gwelliannau.

**Mae'n ymwneud â** chael yr help iawn ar yr adeg iawn.

**Mae'n ymwneud â** dod â'r bobl iawn at ei gilydd i'ch helpu chi.

**Mae'n ymwneud â** gweithio gyda chi, am eich bod yn aelod pwysig o'r Tîm.

**Mae'n ymwneud â** gwrando arnoch a rhoi dewisiadau i chi.

**Pwrpas TAF yw** gwneud bywyd yn well.

- Straen a phroblemau rianta
- Anawsterau wrth gael mynediad i wasanaethau
- Cyfeirio teuluoedd sy'n chwilio am gymorth

**Mae TAF yn WIRFODDOL a gallwch ddweud NA ar unrhyw adeg.**

**Os ydych chi'n meddwl y gallai TAF eich helpu chi, gallwch:**

Siarad â rhywun sy'n gweithio gyda chi'n barod NEU

Siarad ag ysgol eich plentyn NEU  
Gysylltu â'r Gwasanaeth Gwybodaeth i Deuluoedd



**Gwasanaeth Gwybodaeth i Deuluoedd**

**Ffôn: 01267 246555**

Gwasanaeth neges testun GGD: Dechreuwch

eich neges gyda 'Plant' a'i hanfon i

**07786 202747 Ffacs: 01267 246745**

e-bost: [childreninfo@carmarthenshire.gov.uk](mailto:childreninfo@carmarthenshire.gov.uk)

