




Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board
WELSH GOVERNMENT



FS Carmarthenshire Parenting Support Programmes TERM 1 2018/19

Cluster Area	Course Title	Venue	Start Date	Day/Time	Benefit to parents with children aged:
AMMANFORD	Baby Babble TBC	Garnant Family centre	11/06/2018-09/07/2018.	Monday 10:30am- 12:00pm	Parents with Babies 0 - 9 months old.
	STAR Programme	Betws Family Centre	10/05/2018-12/07/2018	Thursday 10:00am-11:30am	For 14 - 25 year olds
	Family Links Nurturing Programme (FLNP)	Cennen Centre, Ammanford	23/04/2018-02/07/2018	Monday 12.30pm-14.30pm	Parents with Children aged 1 - 3 years old
LLANELLI	Antenatal Group (Bumps and Beyond)	Morfa Integrated Childrens Centre	02/05/2018- 13/06/18	Wednesday 9:30am-12:00pm	Antenatal women from 20 weeks onwards
	Baby Massage (Peter Walker)	Morfa Integrated Childrens Centre	15/05/18 - 26/06/18	Tuesday 10:00am-11:30am	Parents and Babies from 8 weeks
	Getting to Know Your Baby	Felinfoel Integrated Childrens Centre	14/05/2018- 09/07/2018	Monday 1:00pm-2:30pm	Parents and Babies From 0 - 9 months old.
	Baby Massage (Peter Walker)	Felinfoel Integrated Childrens Centre	14/05/2018- 25/06/2018	Monday 10:00am-11.30 am	Parents and Babies from 8 weeks
	Baby Massage (Peter Walker)	Llwynhendy Integrated Childrens Centre	14/05/2018- 25/06/2018	Monday 1pm - 2:30pm	Parents and Babies from 8 weeks
	Family Links Nurturing Programme (FLNP)	St Paul's Family Centre	26/04/2018-12/07/2018	Thursday 12.45-2.45pm	Parents with children aged 1 - 3 years old
	Get Cooking	St Paul's Family Centre	01/05/2018- 26/06/2018	Tuesday 12:30pm-2:30pm	Parents with Children of all ages
WEST LLANELLI	Handling Children's Behaviour	Burry Port Family Centre	09/05/2018- 11/07/2018	Wednesday 9.30am-11.30am	Parents with Children aged 1 - 3 years
TRIMSARAN/ CARWAY	Incredible Years Toddler Programme	Flying Start Early Years Childrens Centre, Trimsaran	01/05/2018-10/07/2018	Tuesday 1:00pm-3:00pm	Parents with Children aged 1 - 3 years old
	Baby Massage (Peter Walker)	Flying Start Early Years Childrens Centre, Trimsaran	24/04/2017- 19/06/2018	Tuesday 9:30am-11:30am	Parents and Babies from 8 weeks
Flying Start		Old Morfa Infants School, New Street, Morfa, Llanelli, SA15 2DQ (01554 742447)		