

# Time Circle Session Planner



Location: All Regions,

Category: Resources

Sector: Session Planner,

Posted: 21st April 2016

## Resource / Toolkit Description

One Stop Social has created a Time Circle Session Planner for Professionals to use when planning and delivering interventions with Service Users. There are three parts to the session planner, as explained below:

### Introduction/Explanation

- 'Check in' with Service User.
- Discuss purpose and aim of session.
- Highlight intervention linked to assessment.
- Identify what you want to achieve from the session (for Professional and Service User).

### Session Delivery

- Use evidence-based interventions.
- Link theory to work undertaken – justify work completed linked to assessment.
- Tailor intervention to needs of Service User (age, learning needs/diversity, gender, religion etc).
- Make sure sessions are conducted in comfortable and appropriate environment.

### Session Conclusion

- Check in with Service User.
- Discuss what was achieved.
- Paraphrase the work undertaken.
- Identify any heightened risks or vulnerabilities for Service User as a result of the session.
- Highlight 'actions' that need to be completed in short & long term to promote change.
- Evidence work completed – Case Note contact.

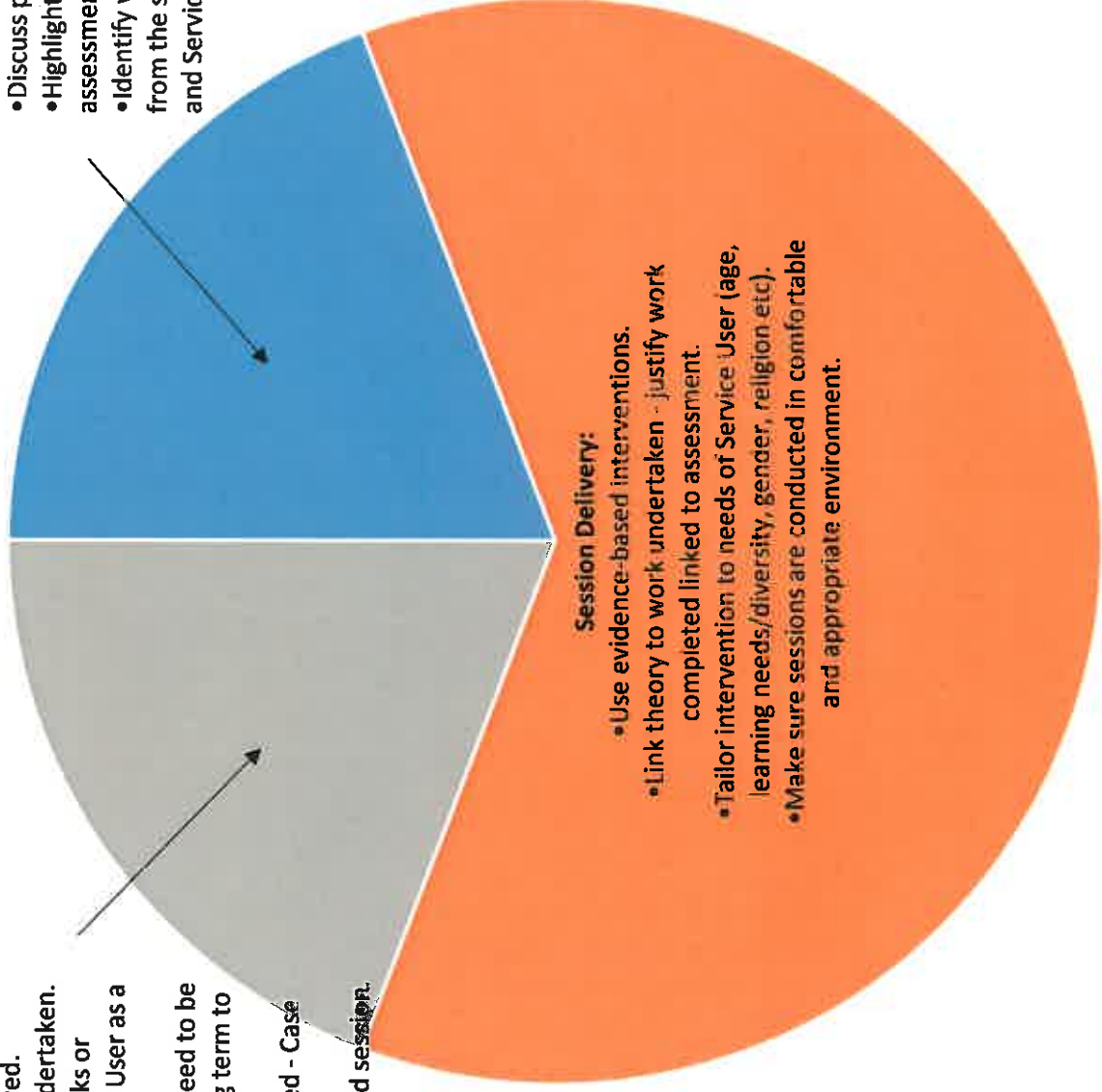
## Time Circle Session Planner

### Session conclusion:

- Check in with Service User.
- Discuss what was achieved.
- Paraphrase the work undertaken.
- Identify any heightened risks or vulnerabilities for Service User as a result of the session.
- Highlight 'actions' that need to be completed in short & long term to promote change.
- Evidence work completed - Case Note contact.
- Arrange the next planned session.

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- 'Check in' with Service User.
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### Session Delivery:

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