



# FLYING START CARMARTHENSHIRE

## Parenting Programmes Timetable

### BABY MASSAGE

#### Felinfoel ICC

14/01/19 - 18/02/19  
04/03/19 - 08/04/19

Monday 10-11.30am

#### Morfa ICC

15/01/19 - 19/02/19  
05/03/19 - 19/04/19

Tuesday 10-11.30am

#### Llwynhendy ICC

17/01/19 - 21/02/19  
07/03/19 - 11/04/19

Thursday 1-2.30pm

### FAMILY LINKS

#### NURTURE PROGRAMME

#### Llwynhendy ICC

16/01/19 - 03/04/19

Wednesday 1-3.00pm

#### Pembrey Flying Start

16/01/19 - 03/04/19

Wednesday 1-3.00pm

### GETTING TO KNOW

#### YOUR BABY

#### Pen Rhos Flying Start

18/01/19 - 29/03/19

Monday 1-2.30pm

#### Trimsaran Flying Start

31/01/19 - 28/03/19

Thursday 1.30-3.00pm

### HANDLING CHILDRENS

#### BEHAVIOUR

#### Morfa ICC

15/01/19 - 19/03/19

Tuesday 10am-12pm

#### Garnant Family Centre

14/01/19 - 18/03/19

Monday 12.45-2.45pm

### COME AND COOK

#### Burry Port Family Centre

17/01/19 - 14/03/19

Thursday 10-12.00pm

### INCREDIBLE YEARS TODDLER PROGRAMME

#### Felinfoel ICC

18/01/19 - 29/03/19

Friday 9.30-11.30am

### BUMPS AND BEYOND

#### Trimsaran Flying Start

07/02/19 - 21/03/19

Thursday 9.30am-12.00pm

### DAPW SAFETY SESSIONS

#### Ty Hapus Family Centre

19/02/19 - 26/02/19

Tuesday 12.45-2.45pm

### BABY BABBLE

#### Ty Hapus Family Centre

19/02/19 - 26/02/19

Tuesday 12.45-2.45pm