

Beth yw ystyr Cymorth Cysylltiedig â Thai?

Mae cefnogaeth sy'n gystylltiedig â thai yn cynnig cefnogaeth o natur 'ataliol' neu 'lefel isel' i bobl fregus. Mae'r cymorth hwn ar gyfer helpu pobl i fyw'n annibynnol yn eu cartrefi neu atal digartrefedd drwy gynorthwyo i:

- Ddatblygu sgiliau bywyd a chymdeithasol
- Teimlo/bod yn ddiogel yn y cartref
- Rheoli dyledion ac arian, megis ôl-ddyledion rhent, hawlio budd-daliadau, cyllidebu ar incwm isel
- Sefydlu cymorth cartref neu gymorth adsefydlu
- Symud neu addasu eich cartref
- Datblygu perthynas â ffrindiau, perthnasau, cymdogion
- Cael mynediad i gyfleoedd cyflogaeth, addysg, hyfforddiant, gwirfoddol, cymdeithasol neu hamdden
- Cael mynediad i wasanaethau eraill, megis iechyd, gofal cymdeithasol neu asiantaethau eraill
- Datglybu sgiliau byw'n annibynnol, megis coginio, glanhau, rheoli eich cartref

Ni fydd Gweithwyr Cymorth yn gwneud pethau drosoch chi, ond byddant yn eich helpu i ddatblygu'r sgiliau a'r hyder l'ch galluogi i wneud pethau drosoch eich hun.

Pa fath o gymorth y mae Cefnogi Pobl yn ddarparu?

Nid yw gwasanaethau Cefnogi Pobl yn cynnwys cymorth gyda:

- Gofal Personol, megis ymolchi a gwisgo
- Gofal iechyd neu feddyginiaeth
- Cwnsela neu driniaeth arbenigol
- Gofal plant
- Helpu pobl i fynd ar wyliau
- Cynnal a chadw eiddo, torri'r borfa new symud cynnwys.

Allwn ni eich helpu Chi? *Gallwn*

Os ydych:

- Yn 16 oed neu'n hŷn

Ac:

- Angen cymorth i oresgyn materion sy'n effeithio ar eich gallu i
- fyw'n annibynnol yn eich cartref eich hun.

Neu

- Yn ddigartref neu mewn perygl o fod yn ddigartref

Yna gall Cymorth Hyblyg eich helpu chi. Mae'r gefnogaeth yn canolbwyntio ar yr unigolyn, a gellir ei darparu yn y cartref neu mewn lleoliad a gytunwyd ar y cyd.

Ni fydd yn rhaid i chi dalu am y gwasanaeth.

Do you need housing related support?



Floating Support Service



01267-487960



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Funded by Support People Programme Grant



What is meant by Housing Related Support?

Housing related support offers support of a 'preventative' or 'low level' nature to vulnerable people. The support is to help people live more independently in their homes or prevent homelessness by assisting to:

- Develop life and social skills
- Feel/stay safe at home
- Manage debts and money, such as rent arrears, claiming benefits, budgeting on a low income
- Set up a home or resettlement assistance
- Move or adapt your home
- Develop relationships with friends, relatives, neighbours
- Access employment, education, training, volunteer, social or leisure opportunities
- Access other services, such as health, social care or other agencies
- Develop independent living skills, such as cooking cleaning, managing your home.

Support Workers will not do things for you, but will support you to develop the skills and the confidence to enable you to do things for yourself.

What kind of support does Supporting People not provide?

Supporting People services do not cover help with:

- Personal care, like washing and dressing
- Healthcare or medication
- Specialist counselling or treatment
- Childcare
- Supporting people to go on holiday
- Property maintenance, grass cutting or contents removals.

Can we help you? Yes we can

If you:

- Are aged 16 or over

And either:

- Need support to work through and overcome issues affecting your ability to live independently in your own home.

Or

- Are homeless or at risk of homelessness

Then Floating Support could help you. Support is person centred, and can be delivered at home or in a mutually agreed location.

You will not have to pay for the service.

Oes angen cymorth sy'n gysylltiedig â thai arnoch chi?



Gwasanaeth Cymorth Hyblyg



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Cefnogwyd gan Grant Rhaglen Cefnogi Pobl

