

B-3 Breastfeeding Book Buddies

Home-Start Carmarthenshire and Llanelli Library have joined in partnership.

Our new group is aimed to support breastfeeding mothers, breakdown isolation caused by the feeling of breastfeeding in public, promote early learning through reading, open opportunities to other services available in the area.

- Staff and volunteers will provide a safe environment for you to relax and enjoy the experience of being a breastfeeding mother
- Opportunities to relax and make new friends and share any worries or tips you have
- Free bottle of water to keep you hydrated
- Free advice with support for you and your baby
- All children welcome to enjoy the library facilities
- Access to one to one support on breastfeeding and weaning within your home if required

Staff and Volunteers have been trained to the Unicef Baby Friendly Initiative Standard



© Home-Start Carmarthenshire 2019

Starts 7th June 2019
Fortnightly Friday Group
1pm – 2.30pm
FREE

Located @ Childrens Zone
Llanelli Library
Vaughan Street, Llanelli,
Carmarthenshire,
SA15 3AS

**HOME
START**
Carmarthenshire



Telephone:
01269 593853
for more details