



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	<p>9:30am – 11:30am Child Development 8 week Accredited course 7th October – 2nd December Mobile Crèche Provided Please ask staff for further details</p>		<p>9:30am-10am Breakfast Club Come along for a hot breakfast before joining us in our Language and Play session.</p>	<p>9:30am-10am Breakfast Club Come along for a hot breakfast before joining us in our Language and Play session.</p>	<p>9:30am – 11:30am Take 3 Is for parents of children aged 10-18 years, to help improve relationships and improve young people's behaviour. Facilitated by the Family Support Service Please ask staff for further details</p>
PM		<p>12:30pm-2:00pm Flying Start Health Visitor Clinic</p>	<p>9:30am-11:00am Language and Play 0 - 3 years Join us for lots of magical stories and song time, with exciting crafts and activities.</p>	<p>9:30am-11:00am Referral Only Language and Play 0 - 3 years Join us for lots of magical stories and song time, with exciting crafts and activities.</p>	
3PM - 5PM	<p>3:15pm-4:00pm After School Tea Time Club. Enjoy a hot meal and desert while your children play.</p>	<p>1:00pm-2:30pm Baby Play Drop in Play Session for Parents\Carers with Babies 0 to mobile, to experience the benefits of play in a relaxing environment. Breast Feeding Support available</p>	<p>12:30pm – 2:30pm Handling Children's Behaviour 8 week Course Starting 2nd October – 12th Dec Please ask staff for further details</p>	<p>1:00pm-2:30pm FREE 6 WEEK COURSE Baby Massage For parent and babies of 0-6 months. Enjoy one to one time with baby and learn how baby massage can help with sleep and colic. Starting 19th Sept – 24th Oct and 7th Nov – 12 Dec</p>	
5.30PM - 7:00PM	<p>4:00pm-5:30pm Play Club 4-6 years Free Play Club for children aged 4-6 years. Children leaving Sêr Ni Flying Start Nursery age 3 years can also attend.</p>	<p>5:30pm-7:00pm Open Access Play 7-11yrs</p>	<p>Parent Employment Advisor Support</p>		



	DYDD LLUN	DYDD MAWRTH	DYDD MERCHER	DYDD IAU	DYDD GWENER
BORE	<p>9:30 – 11:30yb</p> <p>Cwrs Gwaith-Datblygaid y Plentyn</p> <p>Dechrau 7fed Hydref – 2fed Rhagfyr</p> <p>Gofynnwch am fwy o wybodaeth</p>		<p>9:30-10:00yb</p> <p>Clwb Brecwast</p> <p>Dewis o frecwast oer a twym o'r blaen Iaith a Chwarae</p>	<p>9:30-10:00yb</p> <p>Clwb Brecwast</p> <p>Dewis o frecwast oer a twym o'r blaen Iaith a Chwarae</p>	<p>9:30-11:30yb</p> <p>Take 3</p> <p>Yn cael I Hwyluso Gan Gwasanaeth Cefnogaeth I deuluoedd</p> <p>Gofynnwch am fwy o wybodaeth</p>
PRYNHAWN		<p>12:30-2:00yp</p> <p>Clinig Ymwelydd Iechyd Dechrau'n Deg</p>	<p>9:30-11:00yb</p> <p>Iaith a Chwarae</p> <p>0 - 3 oed</p> <p>Dewch i ymuno â ni am lawer o straeon hudol ac amser canu.</p>	<p>9:30-11:00yb</p> <p>Iaith a Chwarae</p> <p>0 - 3 oed</p> <p>Dewch i ymuno â ni am lawer o straeon hudol ac amser canu.</p>	
3PM - 5PM	<p>3:15-4:15yp</p> <p>Clwb amser te ar ôl ysgol.</p> <p>Dewch i fwynhau pryd twym a phwddin tra bod eich plant yn chwarae</p>	<p>1:00-2:30yp</p> <p>Chwarae i Fabanod</p> <p>Sesiwn Chwarae Galw Heibio i Rieni/Gofalwyr sydd â babanod 0 oed hyd nes eu bod yn symud, er mwyn profi manteision chwarae mewn amgylchedd ymlacio.</p> <p>Cymorth bwydo babanod ar gael.</p>	<p>12:30- 2:30yp</p> <p>Trin Ymddygiad Plant</p> <p>2ail Hydref – 12fed Rhagfyr</p> <p>Gofynnwch am fwy o wybodaeth</p>	<p>1:00-2:30yp</p> <p>CWRS 6 WYTHNOS AM DDIM</p> <p>Tylino i Fabanod</p> <p>Ar gyfer rhieni a babanod 0-6 mis. Dewch i fwynhau amser un-i-un gyda'ch babi. Mae'n helpu o ran cwsg a cholig.</p>	
5.30PM - 7:00PM	<p>4:30-6:00yp</p> <p>Clwb Chwarae 4-6 oed</p> <p>Clwb chwarae am ddim i blant 4-6 oed. Gall plant 3 oed sy'n gadael Meithrinfa Dechrau'n Deg i fynd i'r ysgol ddod hefyd.</p>	<p>5:30-7:00yp</p> <p>Clwb Chwarae Mynediad Agored 7-11 oed</p>	<p>Cymorth cyflogaeth i gynghorydd rhiant</p>	<p>Dechrau 19fed Medi – 24ain Hydref</p>	