



Felinfoel Children's Centre, Ysgol Y Felin, Ynyswen, Felinfoel, Llanelli.  
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September 2019 - December 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	<p><b>10:00am -11:30am</b> Free <b>Baby Massage</b> <b>6 week Course</b> <b>September 9<sup>th</sup> -14th October</b> <b>and</b> <b>4<sup>th</sup> November – 9<sup>th</sup> December</b> For parents with babies from 8 weeks to 6 months. Enjoy 1-1 time with baby and helps with sleep and colic. <b>Referral only – please see member of staff for further</b></p>	<p><b>9:30 am – 12:30 pm</b> <b>Baby Group</b> A drop in session for parents &amp; babies –ideal for babies until they are mobile. <b>Brunch included.</b></p>	<p><b>9:30-11:00 am</b> <b>Various Courses</b> <b>18<sup>th</sup> September – 16<sup>th</sup> October</b> <b>Introduction to Child-minding</b></p> <p><b>6<sup>TH</sup> November-11<sup>th</sup> December</b> <b>Christmas Crafts Course</b></p>	<p><b>9:30am – 12:30pm</b> <b>Parent/Toddler group</b> A drop in session offering a warm welcome to all with free play, family activity time, outdoor play, snack and story/song time. For toddlers aged 0-3yrs.(With lunch)</p>	<p><b>10.00 – 12.00am</b>  <b>Antenatal Classes</b>  Starting on 4<sup>th</sup> October  <b>See staff to book your place</b></p>
PM		<p><b>10.00am-11.30am</b> <b>Flying Start Health Visitor Clinic &amp; Perinatal Clinic</b></p> <p><b>12.00 – 2.15pm</b> <b>Bumps and Beyond</b> <b>24<sup>th</sup> September – 5<sup>th</sup> November</b> <b>Attachment, bonding, bathing, cues, labour, feeding etc.</b> Referral only – please see member of staff for further information</p> <p><b>3:00pm-4.30pm</b> <b>Family Fun Club</b> Drop in session for parents and school age children. Family activities and crafts. Dinner included</p>	<p><b>11:30am – 1:00pm</b> <b>Parent and toddler/LAP.</b> A drop in session offering a warm welcome to all with free play family activity time outdoor play snack and story/song time. For toddlers aged 0-3yrs.</p>	<p><b>Drop in with Parent Employment Advisor</b></p> <p><b>9.30am – 12.00pm</b> <b>Sleep Clinic</b> Referrals only - see staff for further information</p> <p><b>1:00pm-2:00pm</b> <b>from 12<sup>th</sup> Sept</b> Parent Planning Meeting Theme: Christmas Events</p> <p><b>3:00pm-4:30pm</b> <b>Free Open Access Play 7-11 years</b> <b>Play Club 4-6 children and parents</b> Various crafts and activities indoors and out, as well as a tasty meal.</p>	