



September - December 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning	<p>9:30-10am Breakfast Club Come along for a hot breakfast before joining us in our Language and Play session.</p>	<p>10am-11:30am Family Links Nurturing Programme (FLNP) Flying start referral Starting 17th of September</p>	<p>9:30am-11am Additional learning needs support group A parent forum group for parents who children have ALN. Relaxed friendly open chat talking about struggles and ways to manage with other parents</p>	<p>9:30am-11.00am Bumps and Baby Group. Quiet session suitable for babies' new-born until mobile. Meet other new mums while babies make keepsakes and experience messy play</p>	<p>9:30am – 12:00pm Parent and Toddler A drop in session with free play, snack time, stories, songs and craft activities.</p>
	<p>10am-11:00am LAP/Iaith a Chwarae A free bilingual drop in session for children aged 0-3yrs and parents. Including Arts and Crafts, Stories and Songs. Snacks and cold drinks provided</p>			<p>1pm-2:30pm Baby Massage For parent and babies of 0-6 months. Enjoy one to one time with baby and learn how baby massage can help with sleep and colic. Starting the 17th of September A free 6 week course. (Please ask a member of staff for further information)</p>	<p>12:45pm-2:45pm Child Development accredited course Starting 11th of September</p>
Afternoon	<p>1pm-2:30pm Getting to know your baby Starting 30th of September Flying start referral</p>		<p>3pm-4.30pm Free Open Access Play 7-11years Play Club 4-6 children and parents. Various crafts and activities indoors and out, as well as a tasty meal!</p>	<p>1:00pm-2:30pm Together Time Come and join us for a special session designed for you and your little one to enjoy cherished time together.</p>	<p>12:00pm – 1pm Lunch Club Enjoy an hour socializing over a delicious home cooked lunch</p>
					<p>1:00pm – 2:30pm Parent and Toddler A drop in session with free play, snack time, stories, songs and craft activities.</p> <p>3:30pm-5pm After School Club 4-11 year's old</p>