

CARERS SOCIAL GROUP



**Do you look after
someone?**

Join us for a chat and a cuppa.

Enjoy a little time for you.

Fortnightly Fridays:

2nd and 4th Friday, 11am-1pm

Carmarthen Carers Connect

**The Nurture Centre, Cambrian Place, John Street,
Carmarthen SA31 1QG**

(Near John Street car-park, behind M&S)



**For further information please contact Vanessa Buckler:
Telephone 0300 0200 002 / Email: vanessa@carmarthenshirecarers.org.uk**