



# Songs & Rhymes



## **Introduction:**

Dear Parent/ carer,

Please use this book with your child at home to support their language development and to encourage the early enjoyment of rhymes, songs and books. This will help future reading skills to support transition into nursery and school.

## **Did you know.....**

- Singing rhymes at an early age can help your child learn to talk
- Your child likes to hear the same song over and over again – repetition is good
- If your child/children know lots of songs and rhymes then they will learn to read more easily.

This Song Book has been produced between Flying Start Carmarthenshire and Language and Play Carmarthenshire, to support and promote the early language development of children aged between 0-3 years.

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## **Twinkle twinkle, little star**

**Twinkle twinkle, little star,  
How I wonder what you are,  
Up above the world so high,  
Like a diamond in the sky,  
Twinkle, twinkle little star,  
How I wonder what you are.**



## **Incy Wincy Spider**

**Incy Wincy Spider, climbing up the spout.**

(Use fingers to show spider climbing upwards)

**Down came the rain and washed poor Incy out.**

(Wriggle fingers, while lowering hands to show rain)

**Out came the sun and dried up all the rain.**

(Raise hands above head and bring them down in a circle)

**So Incy Wincy Spider climbed  
up the spout again.**

(Repeat climbing action)

# Wheels on the bus...

The wheels on the bus go round and round,

Round and round, round and round,

The wheels on the bus go round and round,

**All day long.** (Move hands round in a circle.)

The wipers on the bus go swish, swish, swish,  
swish, swish, swish, swish, swish, swish

(Move forearms from side to side)

The people on the bus go up and down,  
up and down, up and down

(Stand up, sit down)

The horn on the bus goes beep, beep, beep,  
beep, beep, beep, beep, beep, beep

(Press horn while beeping)



# Humpty Dumpty

Humpty Dumpty sat on a wall,  
Humpty Dumpty had a great fall;  
All the King's horses and all the King's men  
Couldn't put Humpty together again.



# Head, Shoulders Knees and Toes

Head, Shoulders, Knees and Toes

Knees and Toes,

Head, Shoulders, knees and toes

Knees and toes

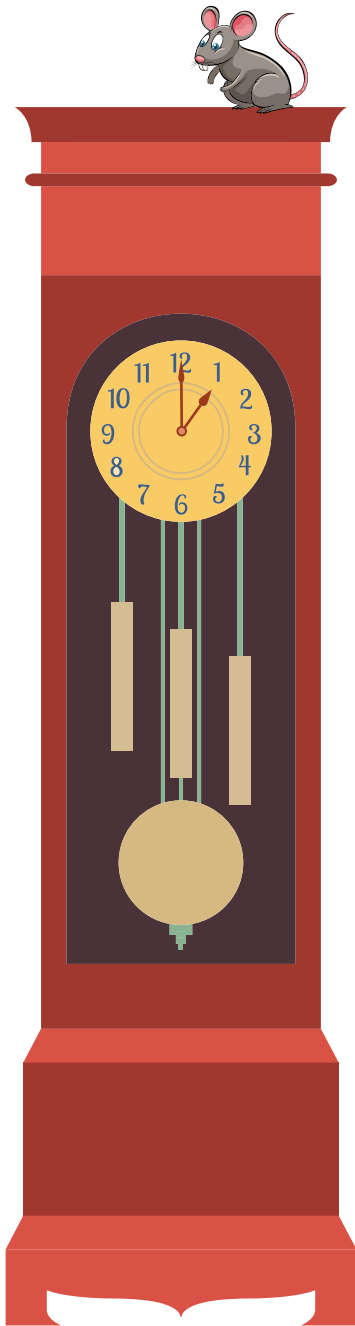
Eyes and ears and mouth and nose,

Head shoulders, knees and toes,

Knees and toes







## Hickory Dickory Dock

Hickory, dickory dock,

The mouse ran up  
the clock,

The clock struck one  
(two, three)

The mouse ran down,  
Hickory, dickory, dock.  
(Tick, tock, tick, tock.)

# Little Miss Muffet

Little Miss Muffet

Sat on a tuffet,

Eating her curds and whey:

Along came a big spider,

Who sat down beside her,

And frightened Miss Muffet away.



# Jack and Jill

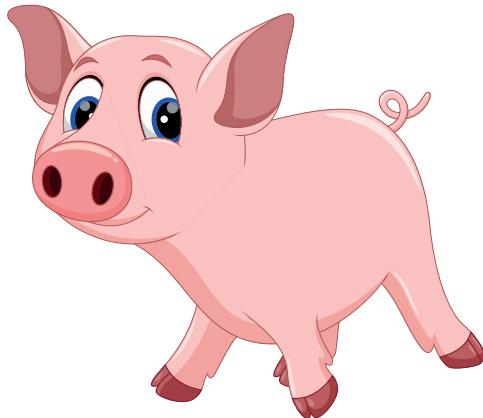
Jack and Jill went up the hill  
To fetch a pail of water;  
Jack fell down, and broke his crown,  
And Jill came tumbling after.  
Then up Jack got, and home did trot,  
As fast as he could caper.  
He went to bed,  
To mend his head  
With vinegar and brown paper.



## **This little pig went to....**

**This little pig went to market,  
This little pig stayed at home;  
This little pig had roast beef,  
This little pig had none,  
And this little pig cried,  
‘Wee wee wee,  
and ran all the way home**

(Wiggle each of the baby’s toes in turn, starting with the big one,  
and on the last line run fingers up baby’s leg and tickle tummy.)



## Little Bo-Peep

Little Bo-peep has lost her sheep,  
And doesn't know where to find them;  
Leave them alone,  
And they'll come home,  
Bringing their tails behind them.



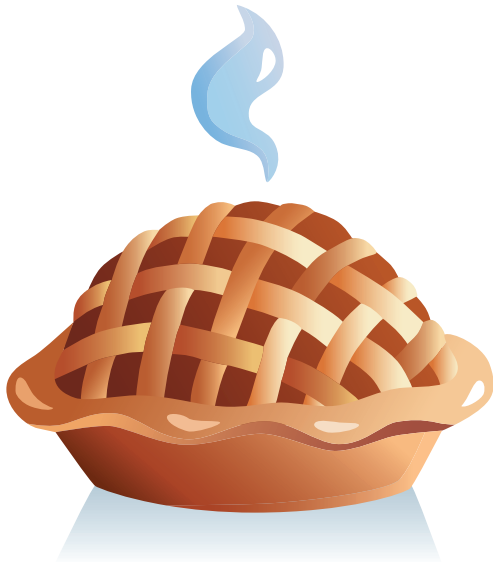
# The Cat and the Fiddle

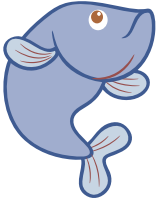
Hey diddle diddle,  
The cat and the fiddle,  
The cow jumped over the moon;  
The little dog laughed to see such fun,  
And the dish ran away with the spoon.



# Little Jack Horner

Little Jack Horner  
Sat in the corner,  
Eating a Christmas pie;  
He put in a thumb,  
And pulled out a plum,  
And said, "What a good boy am I."





**One, two, three, four, five**

**One, two, three, four, five**

(Count on fingers)

**Once I caught a fish alive.**

(Wiggle hand to look like a fish)

**Six, seven, eight, nine, ten,**

(Count on fingers)

**Then I let him go again.**

(Pretend to throw fish back)

**Why did you let him go?**

**Because he bit my finger so.**

(Shake hand as though in pain)

**Which finger did he bite?**

**This little finger on my right.**

(Hold up little finger on right hand.)





# The Old Woman who lived in a shoe

There was an old woman  
who lived in a shoe,  
She had so many children  
She didn't know what to do.  
She gave them some broth  
and a big slice of bread,  
Kissed them all soundly  
And sent them to bed.



# **Rock-a-bye Baby**

**Rock-a-bye baby,**

**On the tree top.**

**When the wind blows**

**The cradle will rock;**

**When the bough breaks**

**The cradle will fall.**

**Down will come baby,**

**Cradle and all.**



## **Round and round the garden**

**Round and round the garden,**

**Like a teddy bear;**

**One step, two steps,**

**Tickly under there!**

(Run finger round baby's palm. On the third line,  
jump finger up her arm and tickle armpit)



# If you're happy and you know it...

If you're happy and you know it,

**Clap your hands** (clap clap)

If you're happy and you know it

**Clap your hands** (clap clap)

If you're happy and you know it,

**And you really want to show it,**

If you're happy and you know it

**Clap your hands.** (clap clap)

**Other verses;**  
Shake your head  
Touch your nose  
Jump up and down  
Stamp your feet



# **Row, row, row your boat**

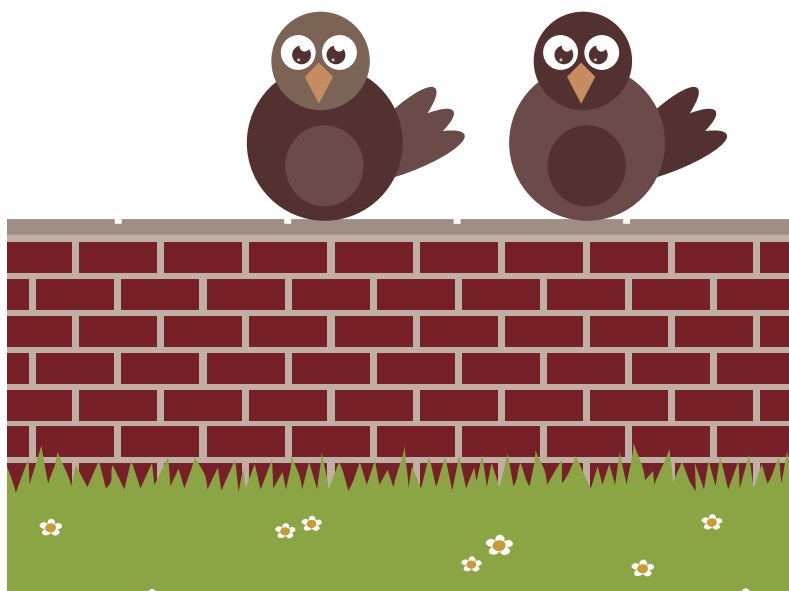
**Row, row, row your boat,  
Gently down the stream,  
Merrily, merrily, merrily, merrily,  
Life is but a dream.**

**Row, row, row your boat,  
Gently down the stream,  
If you see a crocodile,  
Don't forget to scream...Aaah!**

(Row backwards and forwards in rowing action.)



**Two little dickie birds sitting on the wall  
One named Peter and one named Paul,  
Fly away Peter, fly away Paul,  
Come back Peter, come back Paul**



**Teddy bear teddy bear turn around**  
**Teddy bear teddy bear touch the ground**  
**Teddy bear teddy bear turn off the light**  
**Teddy bear teddy bear say goodnight.**



# Here we go round the Mulberry Bush

Here we go round the mulberrybush,  
The mulberry bush, the mulberry bush,  
Here we go round the mulberry bush,  
On a cold and frosty morning.





**This is the way we wash our hands,**

**Wash our hands,**

**Wash our hands,**

**This is the way we wash our hands,**

**On a cold and frosty morning.**

(Do washing hands action).



**Other verses;**

This is the way we  
brush our hair,

Clean our teeth,  
wave goodbye.

# Ring – a – ring – a- roses

Ring – a – ring – a – roses

A pocket full of posies

A – tish – oo! A – tish – oo!

We all fall down.

1, 2, 3 - JUMP!



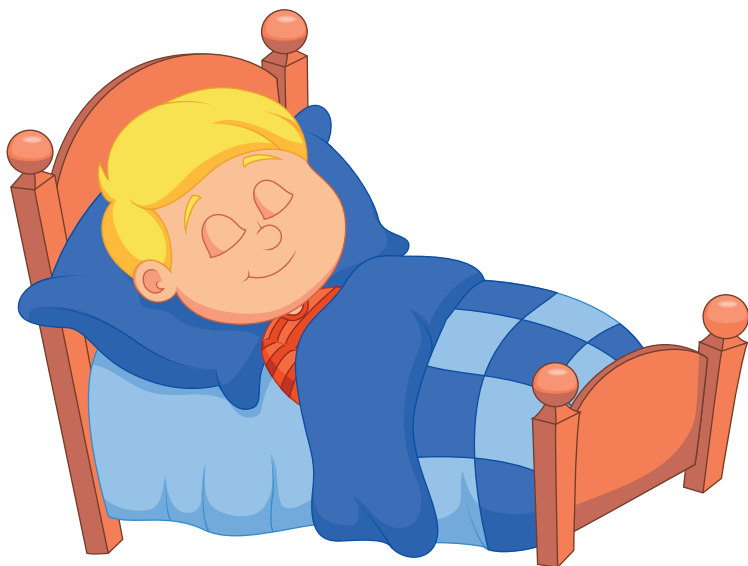
# The Grand Old Duke of York

Oh the Grand Old Duke of York,  
He had ten thousand men,  
He marched them up to the top of the hill,  
And he marched them down again.  
And when they were up, they were up,  
And when they were down, they were down,  
And when they were only half way up,  
They were neither up nor down.

(March on the spot, back & forwards)

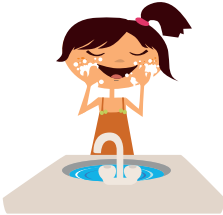


**It is bedtime, it is bedtime**  
**Ssh ssh ssh, ssh ssh ssh**  
**Let's go upstairs, let's go upstairs**  
**Goodnight all, goodnight all.**





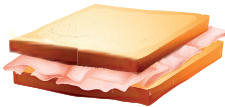
**Time to get up, time to get up**  
**Oh oh oh, oh oh oh**  
**Let's get dressed, let's get dressed**  
**Shirt and jumper, long trousers**  
(blouse and jumper, skirt and tights)



**Time to have a wash**  
**Splish splash splish, splish splash splish.**  
**Let's wash our faces, let's wash our faces**  
**Soap and water, soap and water.**



**Time for breakfast, time for breakfast**  
**Yum yum yum, yum yum yum.**  
**Let's eat breakfast, let's eat breakfast**  
**Coco pops, coco pops**  
(toast and jam, toast and jam, weetabix, weetabix. Nice warm porridge, nice warm porridge. Egg on toast, egg on toast).



**It is lunchtime, it is lunchtime**  
**Yum yum yum, yum yum yum**  
**Let's eat lunch, let's eat lunch**  
**Ham sandwiches, ham sandwiches.**  
(sausage and chips, sausage and chips.  
Beans and toast, beans and toast).

# **One banana, two bananas...**

**One banana, two bananas**

**Three bananas, more,**

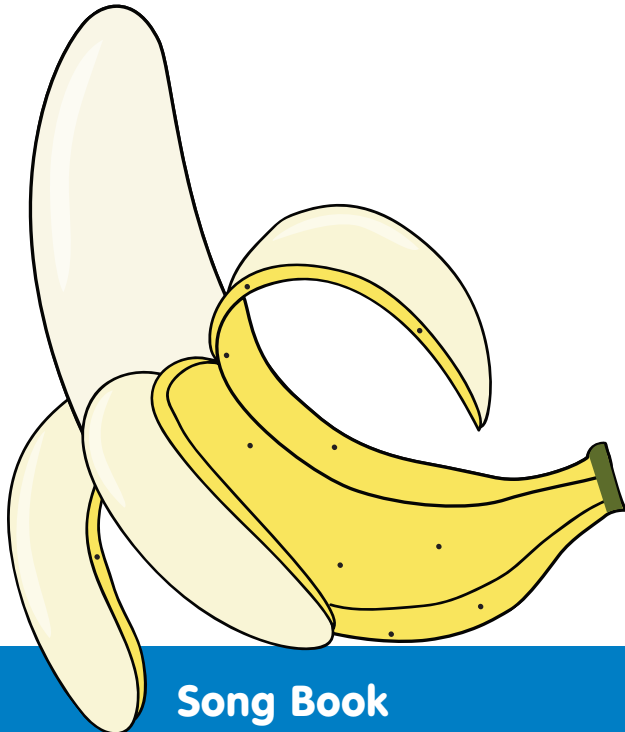
**Four bananas, five bananas,**

**Six bananas, more,**

**Seven bananas, eight bananas,**

**Nine bananas, more,**

**Ten yellow bananas!**



# **Knock on the door**

**Knock on the door,**

**Peep in,**

**Lift up the latch,**

**Walk in,**

**Take a chair,**

**And sit by there,**

**Hello,**

**Mr chinny chin chin.**



## **Pat – a – cake**

**Pat – a – cake, pat – a – cake, baker’s man,**

**Bake me a cake as fast as you can.**

**Pat it and prick it and mark it with B,**

**And put it in the oven for baby and me.**

(Clap hands in rhythm. On the third line, pretend to prick palm of baby’s hand and draw a B on it. On the fourth line, pretend to put cake in oven.)

