



# Home Activity Progamme for Toddlers

16 months - 3 years



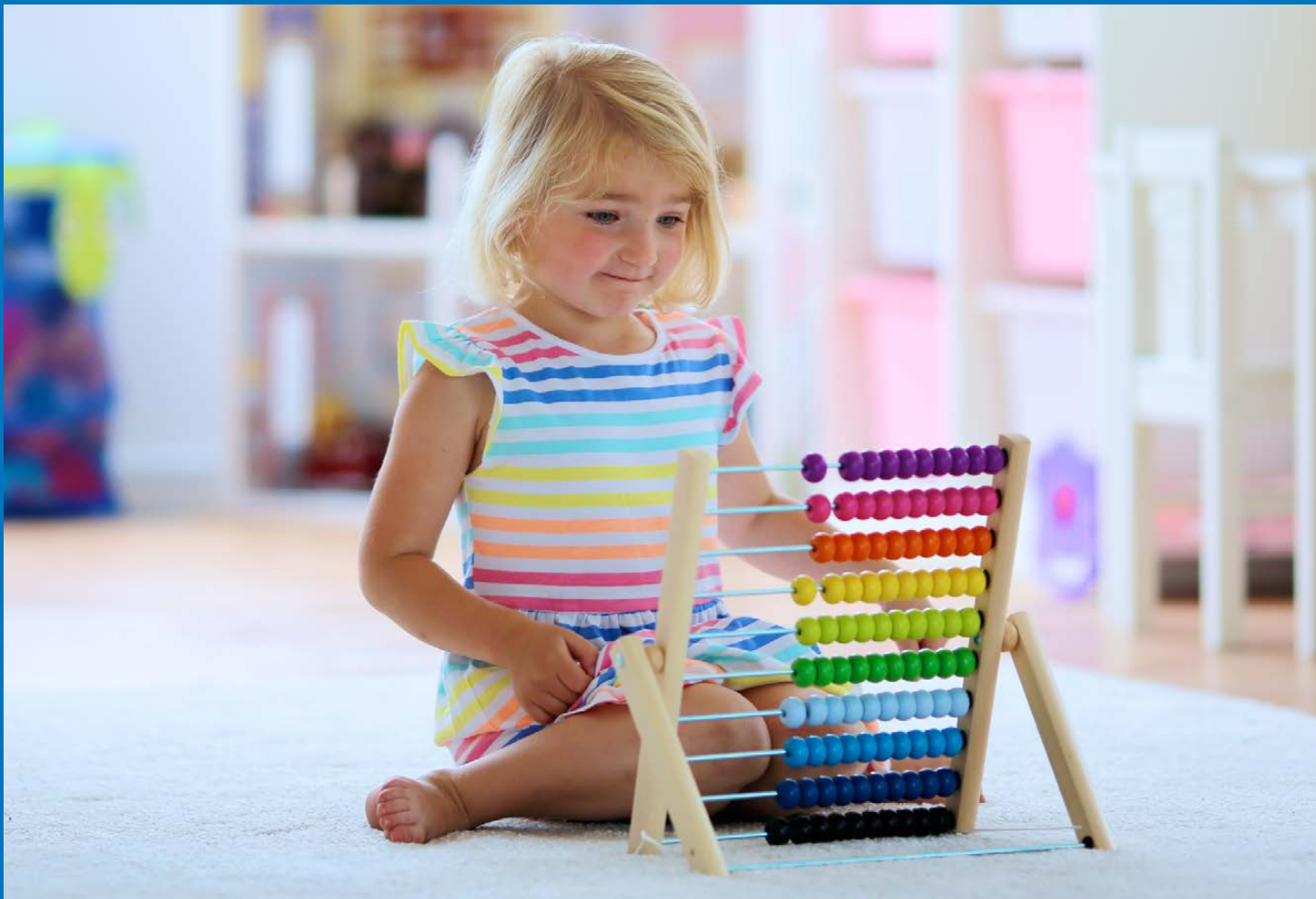
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# HOME ACTIVITY PROGRAMME



Dear Parent/ carer,  
Please use this book with your child at home to support your child with learning to talk. The early enjoyment of rhymes, songs and books. This will help future reading skills to support transition into nursery and school.

Did you know.....

- Singing rhymes at an early age can help your child learn to talk
- Your child likes to hear the same song over and over again – repetition is good
- If your child/children know lots of songs and rhymes then they will learn to read more easily.

This home activity pack has been produced by Carmathenshire Flying Start's Language and Play Service, to support and promote the early language development of children aged between 16 months - 3 years.

N.B. Never leave your baby or child unattended during these activities, parents are advised to ensure that children are supervised at all times. Ensure equipment doesn't become damaged and unsuitable for its purpose.

## CAR / VEHICLE



When playing with the car provided repeat sounds and single words such as “brum”, “beep beep”, “car”, “crash”. Repeat and expand on what your child says E.g. if they say “car” you could say “Mammy car” or “Daddy driving car,” this will help your child learn to put words together.

Encourage listening skills by playing ready steady go games using the car e.g. rolling it back and forth, or using a piece of cardboard to make a ramp and let it roll down. You could also use empty crisps tubes to create a tunnel.

## No vehicle? Try these ideas!



### Toy ball

If you don't have a vehicle you could use a ball. Roll it down the tube tunnel saying “go” or “ready steady go”



### Fruit

If you don't have a vehicle you could also use a piece of fruit such as an orange or a lemon for lots of fun



### Cotton Reel

If you don't have a vehicle use an old cotton reel to roll down the tube tunnel say “go” or “ready steady go”

Encourage listening skills by playing ready

steady go games with your child.





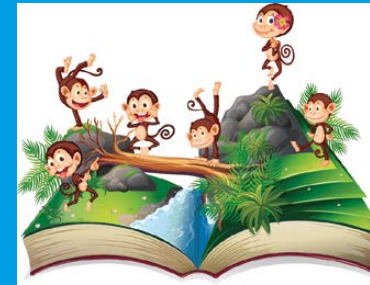
Stuffed / toy animals may be a child's first real

**When playing with the animal provided, you can play pretend games such as feeding or washing the animal.**

**Talk about what your child is doing. E.g.” horse” or “wash horse”. Demonstrate actions and see if they will copy.**

**If you have other animals and vehicles or pictures of animals and vehicles you can play sorting games with them.**

**This will help your child to understand categories and sorting which will promote early thinking skills.**



## Picture

If you don't have any small animals you could cut out pictures from a magazine or catalogue



## Old glove

**Make your own spider using an old glove for hours of fun sing “incy wincy spider” from the song book.**



## Draw

If you dont have any soft toys/animals you can encourage your child to draw there favorite animal and make the noises.

friend and is great for pretend play.

# JIGSAW



Using jigsaws will help develop your child's co-ordination, memory and visual skills.

If your child is able to name the items on the jigsaw encourage them to.

Encourage the use of more advanced words such as action words eg. (sleeping, walking, jumping)  
you can also use describing words eg. (big/small, fast/slow).

By playing jigsaws with your child will help

# No jigsaw? Try these ideas!



## Magazine

If you don't have a jigsaw you could point to pictures in a book / magazine while naming them or use everyday objects.

Find a picture that your child really likes from a magazine, A4 size would be ideal cut it out and stick it on some card, then cut into four pieces to make a fun puzzle.

You can play a memory game with your child by using everyday objects eg spoon, hairbrush, toothbrush etc.

If your child is able to name the items place the items on the tray. Cover with a cloth, take one item away at a time to see if the child knows which one you have taken.

If your child is unable to do this just name the items.

encourage language development.

# MUSICAL INSTRUMENT



Put the musical instrument in your child's hand and help them shake it.

**This will encourage hand eye coordination, eye contact and listening.**

Sing songs / nursery rhymes while using the instrument to help encourage early language development.

**Encourage your child to copy you carrying out simple actions with the instrument e.g. banging it on the floor, tapping it with your hand, etc.**

Interaction with musical instruments is a great way to encourage

# No instruments? Try these ideas!



## Pots & Pans

**Make a drum kit using pots and pans with a wooden spoon!**



## Empty Cans

**Empty cans can be used to make musical instruments.**

But be sure to remove sharp lids and clean out thoroughly.



## Rice or Pasta

**If you don't have a musical instrument you could make one by filling a small plastic bottle with rice or pasta to create sounds. Make sure the container is securely sealed.**

your baby's hand eye coordination, eye contact and listening.



## PAINT PAD



Use the paint pad to create memories of your child's handprint or footprint.

Encourage your child to get creative using a variety of different methods of painting e.g. food painting with vegetables or fruit, cotton buds or sponges.

try and encourage your child to say words such as "messy", "red paint" "stamp stamp" etc



Children use both sides of their brain

## No paint pad? Try these ideas!



### Natural Yogurt

If you don't have any paint pads you could use natural yogurt and food colouring which is child/baby friendly.



### Water

Get a small bucket of water with a paintbrush you have in the house (make sure to wash it). You can paint on the garden path or wall.



### Coco Powder

You could use some coco powder and mix with some warm water. Your child could use their hands to make muddy hand prints.

when they are painting.

# SONG BOOK



Sing your child's favourite nursery rhymes with them using the song bag. Let them choose a picture and sing the song slowly to help your child listen to the words.

Encourage your child to join in with actions, and if they are able to words.

You can get further information on the national literacy trust website [contact@literacytrust.org.uk](mailto:contact@literacytrust.org.uk)

Use your local library for more ideas for songs and rhymes.

# No song book? Try these songs!

Dau gi bach yn  
mynd i'r coed.  
Dau gi bach y  
mynd i'r coed,  
esgid newydd  
am bob broed,  
Dau gi bach y  
dwad adre  
Wedi colli un o'u  
sgidie.

I hear thunder.  
I hear thunder.  
I hear thunder.  
Hark don't you?  
hark don't you?  
Pitter patter  
raindrops,  
pitter patter  
raindrops.  
I'm wet through,  
so are you!

I'm a little tea  
pot short and  
stout  
here's my  
handle here's  
my spout When  
I get all steamed  
up hear me  
shout tip me  
over and pour  
me out.

Find your local library: [www.carmarthenshire.gov.wales/libraries](http://www.carmarthenshire.gov.wales/libraries)





# ACTIVITY PROGRAMME TIPS

