



Useful links for families with autistic children in Carmarthenshire

- Autism Wellbeing Facebook page - <https://www.facebook.com/autismwellbeinguk/>
- National Autism Society Carmarthenshire Branch Facebook page - <https://www.facebook.com/NASCarmarthenshireBranch/>
- Tim Camau Bach - <https://fis.carmarthenshire.gov.wales/tim-camau-bach-disability-support/>
- West Wales Action for Mental Health - <http://www.wwamh.org.uk>
- Advocacy West Wales - <http://advocacywestwales.org.uk>
- Carmarthenshire Adult Autism Advice - <http://haipac.org.uk/wordpress/wp-content/uploads/2015/10/LEAFLET.pdf>
- Carmarthenshire Family Information Service - <https://fis.carmarthenshire.gov.wales>
- West Wales Integrated Autism Service - <https://www.asdinfo.wales.co.uk/west-wales-integrated-autism-service>
- Mind: for better mental health - <https://www.mind.org.uk/about-us/mind-cymru/>
- Hywel Dda Community Health Council - <http://www.wales.nhs.uk/sitesplus/904/home>
- Carmarthen Breakthro' - <http://www.carmarthen-breakthro.co.uk/index.html>
- Crossroads Sir Gar (support for carers) - <https://carmarthenshirecarers.org.uk>
- Connect Carmarthenshire (community support) - <https://connect2carmarthenshire.org.uk>
- Cruse Bereavement Care - <https://www.cruse.org.uk/get-help/local-services/wales/wales>
- Hywel Dda Local Health Board short film about attending hospital during Coronavirus - <https://hduhb.nhs.wales/healthcare/services-and-teams/learning-disabilities-service/>

