

Are you looking after someone?



8–14 June 2020

**This year our campaign to support Carers Week and 'Make Caring Visible' will take place online. We will focus on different caring roles each day throughout the week which will include; carer stories, blogs, videos and activities as well as helpful tips and information on how to access support.**

- Monday 8<sup>th</sup>** – **Working Carers**
- Tuesday 9<sup>th</sup>** - **Young Carers & Young Adult Carers**
- Wednesday 10<sup>th</sup>** - **Older Carers**
- Thursday 11<sup>th</sup>** - **Parent Carers**
- Friday 12<sup>th</sup>** - **Dementia Carers**
- Saturday 13<sup>th</sup>** - **Hard to Reach Carers**
- Sunday 14<sup>th</sup>** - **The Highlights & Support Services**

 [www.carmarthenshirecarers.org.uk](http://www.carmarthenshirecarers.org.uk)

 **Crossroads Sir Gar**

 **Carers Trust Carm**

 **CarmsCarers1**

Let's raise our voices together and help Make Caring Visible

For further information please contact the Carers Information Service on: 0300 0200 002

**#makingcaringvisible #makingunpaidcarerscount**

