



**Cymunedau am Waith  
Communities for Work**



# Out of work? Looking for Employment?

**We want to help you:**

- + Develop your skills and gain experience
- + Acquire the training and qualifications you need
- + Volunteering and Work Placement Opportunities
- + Find the right job



For more information  
contact the team on:  
**01554 784847**  
**[c4wplus@carmarthenshire.gov.uk](mailto:c4wplus@carmarthenshire.gov.uk)**





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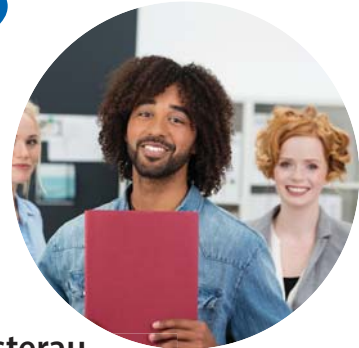


# Mas o waith?

**Chwilio am Waith?**

**Gallwn ni helpu gyda:**

- + Datblygu eich sgiliau a phrofiadau
- + Caffael y sesiynau hyfforddiant a chymhwysterau sydd eu hangen arnoch
- + Cyfleoedd Gwirfoddoli a Lleoliadau Gwaith
- + Darganfod yr swydd cywir i ti



Am mwy o wybodaeth  
cysylltwch gyda'r tim ar:  
**01554 784847**  
**C4Wplus@sirgar.gov.uk**

