



MOTHERCOULD

BABY SAFE PAINT

YOU'LL NEED:

- 1/2 cup baby cereal (I used a multigrain one)
- 3/4 to 1 cup of water
- Food coloring

INSTRUCTIONS:

1. Add the baby cereal, water and food coloring to a food processor. If you don't have one, you can mix with a whisk.
2. Mix until color is well blended. Adjust water quantity based on the consistency you'd like.

*Even though this recipe is taste safe, I still like to discourage my girls from eating it. It helps when I introduce real paint and food coloring is not great to eat.

**Make sure you are constantly supervising your little ones doing any activities especially if they are babies. These suckers are fast!