## Success for Team Around the Family

Carmarthenshire Team Around the Family have achieved the Investors in Carers Bronze Level award; a scheme which is delivered by Hywel Dda University Health Board and supported by its local authority and third sector partners in Carmarthenshire, Ceredigion and Pembrokeshire.



Team Around the Family are delighted to be awarded the Bronze Investors in Carers award. By participating in the scheme, the team developed their Carer awareness and approaches of support for families. Yvonne Hutchinson-Ruff, TAF Manager said 'the team are grateful to Dolan Thomas for taking the lead in developing best practice and collating evidence for the award.' TAF will continue to identify and support Carers within Carmarthenshire.

**Team Around the Family (TAF)** is a way of bringing people together to support a family to make a difference by ensuring that they get the help and support that is needed. Team Around the Family is not a Statutory Service which means you will not be working with a Social Worker and you can change your mind at any time. Team Around the Family can provide help and support with all sorts of issues such as concerns about school and education, behaviour, health, housing, etc.

The Investors in Carers initiative was originally designed to help health facilities such as GP practices, areas within hospitals and other organisations focus on and improve their carer awareness and enhance the help and support they give carers of all ages. The scheme is also available for third sector organisations and others to help identify and signpost carers.

A carer is someone, of any age, who provides unpaid support to family or friends who could not manage without this help. This could be caring for a relative, partner or friend who is ill, frail, disabled or has mental health or substance misuse problems. Anyone can become a carer; in most cases becoming a carer is not out of choice, it just happens.

For more information about the Investors in Carers scheme or for useful advice for carers, please visit: <a href="http://www.hywelddahb.wales.nhs.uk/carers">www.hywelddahb.wales.nhs.uk/carers</a> or email carersteam.hdd@wales.nhs.uk

