

November 2023 CANOLFAN DEULU BETWS - BETWS FAMILY CENTRE

Phone Centre: 01269 595378 Emily Mobile: 07904431476 Lucy Mobile: 07507727519

Email: betwsfamcentre@gmail.com

Address: 19 Treforis, Betws SA18 2RA

Facebook: Betws Family Centre

Instagram: betws_family_centre

* - booking is essential for these activities

Monday	Tuesday (Drop in 11:30 - 2)	Wednesday (Drop in 9:30-2)	Thursday
<p>6</p> <p>11:30am - 1:30pm</p> <p>Messy Monday - Sensory Play Messy Play Soft Play Dark Den Includes a Snack Betws Rugby Club</p>	<p>7</p> <p>10:00am - 11:00am</p> <p>Sing and Chat in Annwyl Fan</p> <p>Lunch Club</p> <p>1:00pm - 2:00pm</p> <p>Caring Cuppa and Chat</p>	<p>8.</p> <p>10:00am -10:30am</p> <p>*Baby Massage</p> <p>10:30am -11:30am</p> <p>Baby Language and Play</p> <p>11:30am -1pm</p> <p>LLL Breastfeeding Group (support and social)</p> <p>Lunch Club</p> <p>1:00pm - 2:00pm</p> <p>Toddler Language and Play</p>	<p>9</p> <p>10:00am - 2:00pm</p> <p>*Cooking Pack Collection</p>
<p>13</p> <p>11:30am - 1:30pm</p> <p>Messy Monday - Sensory Play Messy Play Soft Play Dark Den Includes a Snack Betws Rugby Club</p>	<p>14</p> <p>10:00am - 11:00am</p> <p>Sing and Chat in Annwyl Fan</p> <p>Lunch Club</p> <p>1:00pm - 2:00pm</p> <p>Caring Cuppa and Chat</p>	<p>15</p> <p>10:00am -10:30am</p> <p>*Baby Massage</p> <p>10:30am -11:30am</p> <p>Baby Language and Play</p> <p>11:30am -1pm</p> <p>Lunch Club</p> <p>1:00pm - 2:00pm</p> <p>Toddler Language and Play</p>	<p>16</p> <p>10:00am - 2:00pm</p> <p>*Cooking Pack Collection</p>
<p>20</p> <p>11:30am - 1:30pm</p> <p>Messy Monday - Sensory Play Messy Play Soft Play Dark Den Includes a Snack Betws Rugby Club</p>	<p>21</p> <p>10:00am - 11:00am</p> <p>Sing and Chat in Annwyl Fan</p> <p>Lunch Club</p> <p>1:00pm - 2:00pm</p> <p>Caring Cuppa and Chat</p>	<p>22.</p> <p>10:00am -10:30am</p> <p>*Baby Massage</p> <p>10:30am -11:30am</p> <p>Baby Language and Play</p> <p>Lunch Club</p> <p>1:00pm - 2:00pm</p> <p>Toddler Language and Play</p>	<p>23</p> <p>10:00am - 2:00pm</p> <p>*Cooking Pack Collection</p>
<p>27</p> <p>11:30am - 1:30pm</p> <p>Messy Monday - Sensory Play Messy Play Soft Play Dark Den Includes a Snack Betws Rugby Club</p>	<p>28</p> <p>Centre Closed</p>	<p>29</p> <p>10:00am -10:30am</p> <p>*Baby Massage</p> <p>10:30am -11:30am</p> <p>Baby Language and Play</p> <p>Lunch Club</p> <p>1:00pm - 2:00pm</p> <p>Toddler Language and Play</p>	<p>30</p> <p>10:00am - 2:00pm</p> <p>*Cooking Pack Collection</p>

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