



Tumble Family Centre

November 2023



Dydd Llun/ Monday	Dydd Mawrth/ Tuesday	Dydd Mercher/ Wednesday
<p>Bore / morning @ Neuadd y Tymbl</p> <p>laith a chwarae/ Language and play</p> <p>9.30-11yb/am</p> <p>Addas i bob oed</p>	<p>Bore / morning @ Y Cwtsh</p> <p>Bwmps a babis / Bumps to babies</p> <p>9.30-11yb/am</p> <p>Yn addas I fenywod beichiog a babis 0-12 mis For pregnant mums and babies aged 0-12 months</p>	<p>Bore / morning @ Y Cwtsh</p> <p>Synhwyrdd babi / baby sensory</p> <p>10-11yb/am</p> <p>Addas ar gyfer oedran 0-12 mis Suitable for babies 0-12 months</p> <p>Prynhawn/ afternoon @ Y Cwtsh</p> <p>Coffi, clebran, chwarae Coffee, chat, play</p> <p>12.30-2yp/pm Addas i bob oed</p>