

**April 2024 CANOLFAN DEULU BETWS - BETWS FAMILY CENTRE**

Phone Centre: 01269 595378 Emily Mobile: 07904431476 Staff Mobile: 07507727519

Email: betwsfamcentre@btconnect.com

Address: 19 Treforis, Betws SA18 2RA

Facebook: Betws Family Centre

Instagram: betws\_family\_centre

\* - booking is essential for these activities

Monday	Tuesday	Wednesday
<p>8 10:00am-11am Little Explorers Outdoor Play Betws Flower Park Sensory Garden</p> <p>11:30am - 1:30pm Messy Monday - Messy / Sensory Play Includes a Snack Betws Rugby Club</p>	<p>9 10:00am - 11:00am Caring Cuppa and Chat 11:15am - 12:15pm *Clwb Cwtsh (Learn Welsh)</p> <p>Lunch Club 1:00pm - 1:30pm *Baby Massage 1:30pm - 2:30pm Tap, Tap and Chat (0-15 months)</p>	<p>10 10:00am - 11:00am Sing and Chat in Annwyl Fan 11:30am -1pm LLL Breastfeeding Group (support and social) Lunch Club 1:00pm - 2:00pm Tiny Talkers (16 months+)</p> <p>*Cooking Pack Collection</p>
<p>15 10:00am-11am Little Explorers Outdoor Play Betws Flower Park Sensory Garden</p> <p>11:30am - 1:30pm Messy Monday - Messy / Sensory Play Includes a Snack Betws Rugby Club</p>	<p>16 10:00am - 11:00am Caring Cuppa and Chat 11:15am - 12:15pm *Clwb Cwtsh (Learn Welsh)</p> <p>Lunch Club 1:00pm - 1:30pm *Baby Massage 1:30pm - 2:30pm Tap, Tap and Chat (0-15 months) 1:00pm - 2:00pm *Sensory Group with HV Assistant</p>	<p>17 10:00am - 11:00am Sing and Chat in Annwyl Fan</p> <p>Lunch Club</p> <p>1:00pm - 2:00pm Tiny Talkers (16 months+)</p> <p>*Cooking Pack Collection</p>
<p>22 10:00am-11am Little Explorers Outdoor Play Betws Flower Park Sensory Garden</p> <p>11:30am - 1:30pm Messy Monday - Messy / Sensory Play Includes a Snack Betws Rugby Club</p>	<p>23</p> <p>Centre Closed</p>	<p>24 10:00am - 11:00am Sing and Chat in Annwyl Fan</p> <p>Lunch Club</p> <p>1:00pm - 2:00pm Tiny Talkers (16 months+)</p> <p>*Cooking Pack Collection</p>
<p>29 10:00am-11am Little Explorers Outdoor Play Betws Flower Park Sensory Garden</p> <p>11:30am - 1:30pm Messy Monday - Messy / Sensory Play Includes a Snack Betws Rugby Club</p>	<p>30 9:30am - 11:30am *Nurture Course (Creche Spaces Available)</p> <p>Lunch Club 1:00pm - 1:30pm *Baby Massage 1:30pm - 2:30pm Tap, Tap and Chat (0-15 months) 1:00pm - 2:00pm *Sensory Group with HV Assistant</p>	<p>1</p> <p>Centre Closed</p>

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