

## MONDAY

### TUMBLE FAMILY CENTRE

Stay and Play  
9:30-11:00  
Tumble Hall  
Free

### PLANT DEWI

Young Parents Project  
(under 26)  
Impact 242,  
Cross Hands  
10:00 – 11:30  
07483 966168  
Free

### PLANT DEWI

Families Together  
Impact 242,  
Cross Hands  
1:00 – 2:30  
07483 966168  
Free

## TUESDAY

### Canolfan Carwyn

Clwb Deulu  
9:30 – 11:30  
Drefach  
£2.00

### EYIT

Fuss Free Feeding  
10:30-12:00  
Every other Tuesday  
starting 16<sup>th</sup> of January  
Neuadd Y Gwendraeth  
Free

### TUMBLE FAMILY CENTRE

Bumps and Babies  
9:30-11:00  
Y Cwtch, Park Place,  
Tumble  
Pregnant – 12 months  
Free

### TUMBLE FAMILY CENTRE

'Tiny Talkers'  
1:00 – 2:00  
Y Cwtch, Park Place,  
Tumble.  
For Free  
**FULL**

Youth Club  
4:30-6:00  
Y Cwtch, Tumble  
School years, 4, 5 & 6

## WEDNESDAY

### EYIT

Song and Chat  
10:30 -11:30  
Pontyberem School Hall  
Free

Baby Sensory  
10:00-11:00  
Y Cwtch, Park Place,  
Tumble  
Free  
0-18 months

## THURSDAY

### IMPACT 242

**Cross Hands**  
Baby and Toddler Group  
'Little Stars'  
9.00 – 11.00  
01269 507838  
£2.00

### EYIT

Parent led baby group  
1:00 – 2:00  
Cefneithin Hall  
Free  
0 – 15 months

## FRIDAY

### EYIT

Variety of different  
sessions  
0-4 years old  
Penygroes Pavilion  
11.15 – 12:00  
Free

### EYIT

Baby Massage  
Booking only through  
your Health Visitor  
Free



**For extra information  
please contact**

**01267 224 819**

[The Early Years Integration Team -  
Carmarthenshire Family  
Information Service \(gov.wales\)](#)