May 2024 CANOLFAN DEULU BETWS - BETWS FAMILY CENTRE

Phone Centre: 01269 595378 Emily Mobile: 07904431476 Staff Mobile: 07507727519

Email: betwsfamcentre@btconnect.com Address: 19 Treforis, Betws SA18 2RA Facebook: Betws Family Centre Instagram: betws_family_centre

`* - booking is essential for these activities

Monday	Tuesday	Wednesday
6. Centre Closed - Bank Holiday	7 9:30am - 11:30am *Nurture Course (2/10) (Creche Spaces Available) Lunch Club 1:00pm - 1:30pm *Baby Massage (4/4) 1:30pm - 2:30pm Tap, Tap and Chat (0-15 months) 1:00pm - 2:00pm *Sensory Play Days with HV A	8 10:00am - 11:00am Cook and Play 11:30am -1pm LLL Breastfeeding Group (support and social) Lunch Club 1:00pm - 2:00pm Tiny Talkers (16 months+) *Cooking Pack Collection
13 10:00am-11am Little Explorers Outdoor Play Betws Flower Park Sensory Garden 11:30am - 1:30pm Messy Monday - Messy / Sensory Play Includes a Snack Betws Rugby Club	14 9:30am - 11:30am *Nurture Course (3/10) (Creche Spaces Available) Lunch Club 1:00pm - 1:30pm *Baby Massage (1/4) 1:30pm - 2:30pm Baby Group 1:00pm - 2:00pm *Sensory Play Days with HV A	15 10:00am - 11:00am Sing and Chat in Annwyl Fan Lunch Club 1:00pm - 2:00pm Toddler Group *Cooking Pack Collection
20 10:00am-11am Little Explorers Outdoor Play Betws Flower Park Sensory Garden 11:30am - 1:30pm Messy Monday - Messy / Sensory Play Includes a Snack Betws Rugby Club	21 9:30am - 11:30am *Nurture Course (4/10) (Creche Spaces Available) Lunch Club 1:00pm - 1:30pm *Baby Massage (2/4) 1:30pm - 2:30pm Baby Group 1:00pm - 2:00pm *Sensory Play Days with HV A	22 10:00am - 11:00am Sing and Chat in Annwyl Fan Lunch Club 1:00pm - 2:00pm Toddler Group *Cooking Pack Collection