



<u>Monday – Llun</u>	<u>Tuesday – Mawrth</u>	<u>Wednesday – Mercher</u>	<u>Thursday - Iau</u>	<u>Friday – Gwener</u>
<p>30th Baby Group 9:30 – 11:30</p> <p>Rubba Bubba 2nd stage baby massage 9:30 – 10:30</p>	<p>1st Toddlers and Tweenies 9:30 – 12:00 Mels Music Tap Tap Clap Week 1 10:15 – 11:00</p>	<p>2nd 9:30 – 11:30 Acfif Play</p> <p>Mynyddgarreg Hall 9:30 – 11:00</p>	<p>3rd Men together 9:30 – 11:00 Kidwelly Outreach @ Kidwelly RFC 9:30 – 11:00</p>	<p>4th Centre Closed</p>
<p>7th Baby Group 9:30 – 11:30</p> <p>Rubba Bubba 2nd Stage Baby Massage 9:30 – 10:30</p>	<p>8th Toddlers and Tweenies 9:30 – 12:00 Mels Music Tap Tap Clap Week 2 10:15 – 11:00</p>	<p>9th 9:30 – 11:30 Acfif Play</p> <p>Mynyddgarreg Hall 9:30 – 11:00</p>	<p>10th Men together 9:30 – 11:00 Kidwelly Outreach @ Kidwelly RFC 9:30 – 11:00</p>	<p>11th  Community Walk 9:30 – 11:30</p>
<p>14th Baby Group 9:30-11:30</p> <p>Rubba Bubba 2nd Stage Baby Massage 9:30 – 10:30</p>	<p>15th Toddlers and Tweenies 9:30 – 12:00 Mels Music Tap Tap Clap Week 3 10:15 – 11:00</p>	<p>16th 9:30 – 11:30 Acfif Play</p> <p>Mynyddgarreg Hall 9:30 – 11:00</p>	<p>17th Men together 9:30 – 11:00 Kidwelly Outreach @ Kidwelly RFC 9:30 – 11:00</p>	<p>18th Community Walk 9:30 – 11:30 </p>
<p>21st Baby Group 9:30 – 11:30</p> <p>Rubba Bubba 2nd stage baby massage 9:30 – 10:30</p>	<p>22nd Toddlers and Tweenies 9:30 – 12:00 Mels Music Tap Tap Clap Week 4 10:15 – 11:00</p>	<p>23rd 9:30 – 11:30 Acfif Play Mynyddgarreg Hall 9:30 – 11:00</p>	<p>24th Centre Closed</p>	<p>25th Community Walk 9:30 – 11:30</p>
<p>28th ONLINE SUPPORT</p>	<p>29th ONLINE SUPPORT</p>	<p>30th 10 - 12 Actif Fun @ The Family Centre</p>	<p>31st 10 – 2 Pumpkin Carving Soup Making Community Lunch BOOKING ESSENTIAL</p>	<p>1st Nov Autumn Walk 10 – 12 From Family Centre</p>



Booking ESSENTIAL -- 07565931967

Actif will be outdoors weather permitting