



# Ty Hapus – Carmarthen Family Centre Timetable: October 2024

114 Park Hall, SA31 1JG  
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Booking is essential for all sessions/Activities marked \*\* due to limited space and numbers

Tuesday	Wednesday	Thursday
1st <b>Baby Group</b> 10:00-11:00am	2nd <b>**Healthy mealtimes workshop**</b> 10:00-11:30am	3rd <b>Baby Massage</b> Newborn to mobile 10:00 – 11:00am
<b>Toddler Group</b> 1:00-2:30pm	 <b>Stay and Play</b> Baby and Toddler 1:00 - 2:30pm	
8th <b>Baby Group</b> 10:00-11:00am	9th <b>**Active Play workshop**</b> 10:00-11:30am	10th <b>Baby Massage</b> Newborn to mobile 10:00 – 11:00am
<b>Toddler Group</b> 1:00-2:30pm	 <b>Stay and Play</b> Baby and Toddler 1:00 - 2:30pm	
15th <b>Baby Group</b> 10:00-11:00am	16th <b>**Healthy mind happy mind workshop**</b> 10:00-11:30am	17th <b>Baby Massage</b> Newborn to mobile 10:00 – 11:00am
<b>Toddler Group</b> 1:00-2:30pm	 <b>Stay and Play</b> Baby and Toddler 1:00 - 2:30pm	
22nd <b>Baby Group</b> 10:00-11:00am	23rd <b>Session TBC</b>	24th <b>Baby Massage</b> Newborn to mobile 10:00 – 11:00am
<b>Toddler Group</b> 1:00-2:30pm	 <b>Stay and Play</b> Baby and Toddler 1:00 - 2:30pm	



**Half-Term**  
**Session TBC**

<b>Funders:</b> Garfield Weston		Flying Start Families First			Lottery (Awards 4 All)		Oakdale Trust
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**\*\*Staff are available for support during or after sessions and via Messenger or WhatsApp Monday - Thursday 9:30 - 4:30pm\*\***  
 Keep an eye out on our [Facebook page](#) Ty Hapus Tyni as we will let you know there if we add, cancel, or amend any sessions. [Hope you can join us!](#)