## **January 2025 CANOLFAN DEULU BETWS - BETWS FAMILY CENTRE**

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`\* - booking is essential for these activities

	Monday	Tuesday	Wednesday
M Ir	:30am - 1:30pm Nessy Monday - Sensory Play Messy Play Soft Play Dark Den Includes a Snack Etws Rugby Club	09:30am - 11:30am  *Action for Children  Healthy Families Course  11:30am -1:00pm  La Leche League Breastfeeding  Group  Lunch Club  1:00pm-1:30pm  *Baby Massage  1:30pm -2:30pm  Baby Group  Cooking Pack Collection	15 10:00am - 11:00am Sing and Chat in Annwyl Fan  Lunch Club 1:00pm - 2:00pm Toddler Group  5:30pm - 7:00pm *Parenting Puzzle Dads Group (with FS Dad's Worker)
I	1:30am - 1:30pm Messy Monday - Sensory Play Messy Play Soft Play Dark Den ncludes a Snack etws Rugby Club	09:30am - 11:30am  *Action for Children Healthy Families Course  Lunch Club  1:00pm-1:30pm  *Baby Massage 1:30pm -2:30pm Baby Group  Cooking Pack Collection	10:00am - 11:00am Sing and Chat in Annwyl Fan  Lunch Club  5:30pm - 7:00pm  *Parenting Puzzle Dads Group (with FS Dad's Worker)
I	1:30am - 1:30pm Messy Monday - Sensory Play Messy Play Soft Play Dark Den ncludes a Snack etws Rugby Club	09:30am - 11:30am  *Action for Children Healthy Families Course  Lunch Club  1:00pm-1:30pm  *Baby Massage 1:30pm -2:30pm  Baby Group	Closed for Staff Training  5:30pm - 7:00pm *Parenting Puzzle Dads Group (with FS Dad's Worker)