## February 2025 CANOLFAN DEULU BETWS - BETWS FAMILY CENTRE

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`\* - booking is essential for these activities

Monday	Tuesday	Wednesday
11:30am - 1:30pm Messy Monday - Sensory Play Messy Play Soft Play Dark Den Includes a Snack Betws Rugby Club	4  09:30am - 11:30am  *Action for Children  Healthy Families Course  11:30am -1:00pm  La Leche League Breastfeeding  Group  Lunch Club  1:00pm-1:30pm  *Baby Massage  1:30pm -2:30pm  Baby Group  Cooking Pack Collection	10:00am - 11:00am Sing and Chat in Annwyl Fan  Lunch Club  1:00pm - 2:00pm Toddler Group  5:30pm - 7:00pm *Parenting Puzzle Dads Group (with FS Dad's Worker)
10  11:30am - 1:30pm  Messy Monday -  Sensory Play  Messy Play  Soft Play  Dark Den  Includes a Snack  Betws Rugby Club	11 09:30am - 11:30am Cuppa, Craft and Chat  Lunch Club  1:00pm-1:30pm *Baby Massage 1:30pm -2:30pm Baby Group	12  Centre Closed
11:30am - 1:30pm Messy Monday - Sensory Play Messy Play Soft Play Dark Den Includes a Snack Betws Rugby Club	18 09:30am - 11:30am Cuppa Craft and Chat  Lunch Club  1:00pm-1:30pm *Baby Massage 1:30pm -2:30pm Baby Group  Cooking Pack Collection	29 10:00am - 11:00am Sing and Chat in Annwyl Fan  Lunch Club  1:00pm - 2:00pm Toddler Group