

## pobl trust



ronb (Ca	nolfan Deulual Garna	ant Family Contro	Council Council
Ca	April	ant raining Centre	
Ebost:- tots.tyni@gmail.com Ffôn:- 01269 825941 / 07759285073 FB:- https://www.facebook.com/GarnantFamilyC		Sessions are free Mums, Dads, Grandparents, Carers are all welcome	
Tuesday	Wednesday	Thursday	Friday
Join Stella Evans and Garnant Family Centre At Cwmamman Community Centre Boardroom For 9:15am wake up and Go Go (online) 10.30am Balance/core/infants(yoga/online) 11.30am:Parent/toddler session, just for Toddlers and Brothers and sisters. (not online) 1.30pm:Balance and core/Juniors ( online) Please Book	Secret Garden Group Outdoor and indoor Play Lunchclub 10.00-1.00pm Garnant Family Centre Community Garden	Drop In Toddler and Baby Group Cuppa and a Chat 9.30-11.00am Garnant Family Centre  Kitchen Science Plus After School Group 3.30-5.00pm Garnant Family Centre  Community Garden	Bumps to Babies Group 9.30-11.30
8th Toddler and Baby Group Different Play Activities Every Week Food 1.00-2.30pm Garnant Family Centre	9th Family Centre Closed For Training	Drop In Toddler and Baby Group Cuppa and a Chat 9.30-11.00am Garnant Family Centre  Kitchen Science Plus After School Group 3.30-5.00pm Garnant Family Centre  Community Garden	14 Bumps to Babies Group 9.30-11.30