## **November 2025 CANOLFAN DEULU BETWS - BETWS FAMILY CENTRE**

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Monday	Tuesday	Wednesday	
3 10:00am - 11:00am Little Explorers Betws Flower Park  11:30am - 1:30pm Stay and Play Includes a Snack Baptist Church, Bryn Mawr Lane, Ammanford	4 09:30am - 11:30am Cuppa and Chat La Leche League Breastfeeding Group  Lunch Club  1:00pm-2:00pm Baby Group 2:00pm - 2:30pm *Baby Massage	10:00am - 11:00am Sing and Play in Annwyl Fan  Lunch Club  1:00pm - 2:00pm Toddler Group  *Cooking Pack Collection	
10  10:00am - 11:00am Little Explorers Betws Flower Park  11:30am - 1:30pm Stay and Play Includes a Snack  Baptist Church, Bryn Mawr Lane, Ammanford	11 09:30am - 11:30am Cuppa and Chat  Lunch Club  1:00pm-2:00pm Baby Group 2:00pm - 2:30pm *Baby Massage	10:00am - 11:00am Sing and Play in Annwyl Fan  Lunch Club  1:00pm - 2:00pm Toddler Group  *Cooking Pack Collection	
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