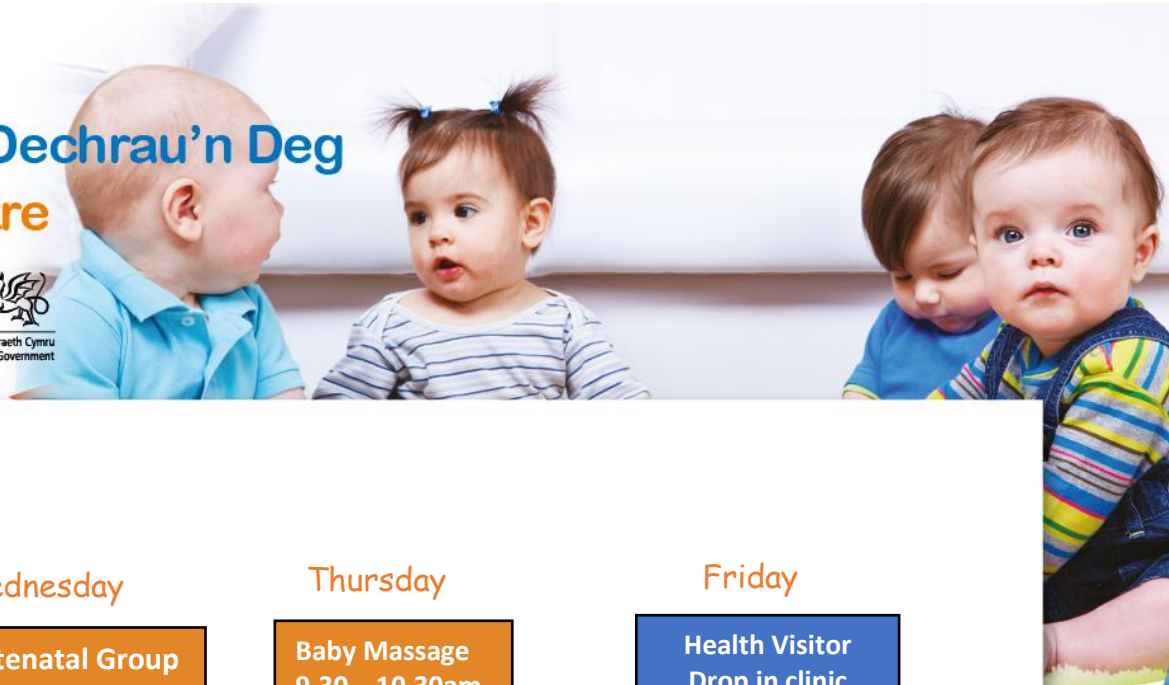


Canolfan Blant Blynyddoedd Cynnar Dechrau'n Deg Flying Start Early Years Children Centre



Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board



November - December 2025

Monday

Christmas Sacks
2pm – 3pm

10.11.2025
17.11.2025
24.11.2025
01.12.2025

Tuesday

WALLICH DROP IN
12.30 – 2.30pm

11.11.2025
09.12.2025

Wednesday

Antenatal Group
10.30am – 11.30am

05.11.2025
12.11.2025
19.11.2025
03.12.2025

Holistic Steps Taster Session

12.30pm - 2.30pm
03.12.2025

Thursday

Baby Massage
9.30 – 10.30am
06.11.2025
13.11.2025
20.11.2025
04.12.2025
11.12.2025

Christmas Craft (BOOKING REQUIRED)
1.30pm – 3pm
20.11.2025
27.11.2025
04.12.2025
11.12.2025

Employment Support
1.30pm – 3pm
06.11.2025
04.12.2025

Friday

Health Visitor Drop in clinic
(Term time only)

Tap, Tap & Chat
(0 – 16 months)
9.15- 10.15 am

Tiny Talkers
(16 months – 3 years)
11.30 - 12.30am

Supporting Carmarthenshire
9.30 – 11.30am

21.11.2025
12.12.2025

For more information contact Sara or Luisa
on **07813393659 / 07813393648**

Ysgol Gymunedol Trimsaran, Heol Waun y Clun, Trimsaran SA17 4BE. 01554 742560