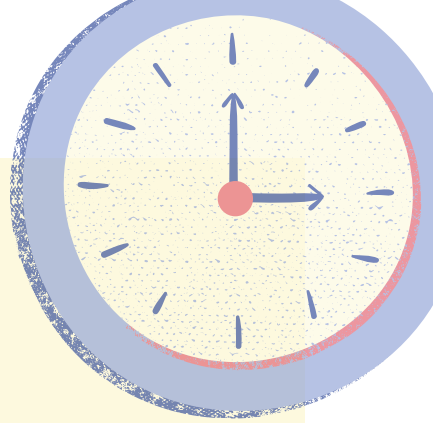


Mae'n amser....

It's time to....



canu

sing

darllen stori

read a story

chwarae

play

tacluso

tidy up

mynd tu fas

go outside

mynd mewn

go inside

golchi dwylo

wash hands

cinio

lunch

bwyta

eating

cysgu

sleep

gwisgo cot

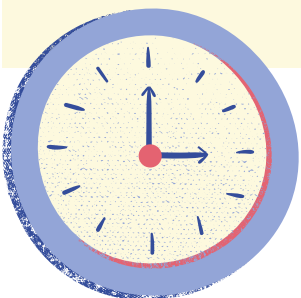
wear your coat

mynd adref

go home

hol dy fag

get your bag



GIG Cymru NHS WALES
Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board



**Llywodraeth Cymru
Welsh Government**