



# Ty Hapus – Carmarthen Family Centre Timetable: December 2025

114 Park Hall, SA31 1JG

Tel: 07508883857 EMAIL: [tyhapusanddynifamilycentres@gmail.com](mailto:tyhapusanddynifamilycentres@gmail.com)

Booking is essential for all sessions/Activities

marked \*\* due to limited space and numbers

## Tuesday

## Wednesday

## Thursday

2nd

Baby Massage  
10:00 – 11:00am



3rd



Baby Group  
10:00-11:00am

4th



Stay and Play  
Baby and Toddler  
10:00 - 11:30am



Drop-in  
Between  
11:30am – 2:30pm

Cuppa & a chat  
Antenatal Session  
1:00-2:00pm



Toddler Group  
1:00 - 2:30pm



9th

Baby Massage  
10:00 – 11:00am



10th



Baby Group  
10:00-11:00am

11th



Stay and Play  
Baby and Toddler  
10:00 - 11:30am



Drop-in  
Between  
11:30am – 2:30pm

Cuppa & a chat  
Antenatal Session  
1:00-2:00pm



Toddler Group  
1:00 - 2:30pm



16th



Drop-in  
Between  
9:30am – 2:30pm

17th



Baby Group  
10:00-11:00am

Cuppa & a chat  
Antenatal Session  
1:00-2:00pm



Centre  
Closed

Friday 19th

# Lyric

## Snow White Panto Trip to the Lyric

**\*\*FULL\*\* Message to be on the reserve list**



**Funders:**  
Garfield Weston



Flying Start  
Families First



Community Foundation Wales



Postcode  
Community  
Trust



Masonic Charitable Foundation

**\*\*Staff are available for support during or after sessions and via Messenger or WhatsApp Monday - Thursday 9:30 - 4:30pm\*\***

Keep an eye out on our [Facebook page](#) Ty Hapus as we will let you know there if we add, cancel, or amend any sessions. [Hope you can join us!](#)