

January- February 2026.

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning			<u>Tiny Talkers (LAP)</u> 9:30am-11am Join us for some crafts, singing and story time whilst learning how to develop your child's language. For parents with children who are toddling up to 3 years old	<u>Baby Massage with Baby Yoga</u> 09:30am-11:00am Free 6-week Baby Massage course for babies 8 weeks- 6 months. Please contact us for more information 15/01/26 -12/02/26	<u>Paediatric First Aid one off session</u> 09:30am-11:30am <u>Session 1:</u> 16/01/26 <u>Session 2:</u> 23/01/26
Afternoon	<u>Resiliency parenting course with CYCA</u> 12:30pm-2pm Mobile Creche included 12/01/26 – 9/02/26	<u>Flying Start Health Visitor Clinic</u> 12:30pm-2:00pm <u>Tap, Tap & Chat (Baby Play)</u> *Booking Only * 12:30pm-2:00pm Join us for some crafts, singing and story time whilst learning how to develop your baby's language. Group for babies who are non-mobile and who are crawling	<u>Makaton Sign Language</u> 4-week workshop 12:30pm-2:30pm To be confirmed.	<u>Baby Brain Development Course</u> 12:30pm-2:30pm Come along and learn the incredible ways our babies' brain develops. Suitable for parents expecting a baby and or parents of babies up to six months. 15/01/26- 12/02/26	<u>Antenatal closed group</u> 12:30pm-2:30pm Please see midwife for information. (the first three Fridays in each month)
After school	<u>Play Club</u> 3pm-4:30pm A session for 4–6-year-olds where they can enjoy arts & crafts, outdoor play and so much more. <i>Registration required before attending.</i>				
Evening	<u>Open Access Play</u> 5.00pm-6:30pm A session for 7–11-year-olds where they can enjoy arts & crafts, outdoor play and so much more. <i>Registration required before attending.</i>				