



January – February 2026

Morfa Children's Centre, School
Road, Morfa, Llanelli. SA15 2BN.

Tel No. 01554 742402

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	<p><u>Resiliency parenting course with CYCA</u></p> <p>9:30am-11am</p> <p>Mobile Creche included</p> <p>12/01/26 – 9/02/26</p>	<p><u>Baby Massage with Baby Yoga</u></p> <p>9:30am-11:00am</p> <p>Free 6-week Baby Massage course for babies 8 weeks- 6 months. Please contact us for more information</p> <p>13/01/26 – 10/02/26</p>	<p><u>Makaton Sign Language</u></p> <p>9:30am-11am</p> <p>4-week workshop</p> <p>Date to be confirmed.</p>	<p><u>Baby Play</u></p> <p>10:00am - 11:30am</p> <p>Join Plant Dewi Family Centre for some crafts, singing and story time.</p> <p>For babies under 12 months</p>	<p><u>Parent Toddler group</u></p> <p>10:00am - 1:30am</p> <p>Join Plant Dewi Family Centre for some crafts, singing and story time.</p> <p>From Birth – 5yrs old</p>
PM	<p><u>Flying Start Developing Minds with the Flying Start team</u></p> <p>12:30pm-2:30pm</p> <p>12/01/26- 24/03/26</p>	<p><u>Hywel Dda Perinatal Support Clinic</u></p> <p><u>Baby Brain Development Course</u></p> <p>Come along and learn the incredible ways our babies' brain develops. Suitable for parents expecting a baby and or parents of babies up to six months.</p> <p>24/02/2026—24/03/2026</p>	<p><u>Language and Play</u></p> <p>12:30 - 2:00pm</p> <p>Join us for some crafts, singing and story time whilst learning how to develop your child's language.</p>	<p>Hywel Dda Flying Start Health Visitor 'Drop in' Clinic.</p> <p>9:30am - 12pm</p> <p><u>Wellbeing Session</u></p> <p>1pm-2pm</p> <p>Come and join the Plant Dewi team as they facilitate a wellbeing session for parents and children up to the age of 3.</p>	<p><u>Lunch Club</u></p> <p>12pm – 12:30pm</p> <p><u>Parent Toddler group</u></p> <p>12:30 – 2:00pm</p> <p>Join Plant Dewi Family Centre for some crafts, singing and story time.</p> <p>From Birth – 5yrs old</p>
3PM-5PM		<p><u>Play Club</u></p> <p>3pm - 4:30pm</p> <p>Every other week</p> <p>A session for 4–6-year-olds where they can enjoy arts & crafts, outdoor play and so much more.</p> <p>Registration needed before attending</p>	<p><u>Open Access Play</u></p> <p>3pm - 4:30pm</p> <p>A session for 7–11-year-olds where they can enjoy arts & crafts, outdoor play and so much more.</p> <p>Registration needed before attending</p>	<p><u>Cooking Pack collection.</u></p> <p>12pm-3pm.</p> <p>Pre booking required via the Plant Dewi team for a box of healthy ingredients to make a healthy meal at home.</p>	