



# Y Cwtsh Cymreig

Mawrth 2026 March

Darparwyr Gofal

Childcare Providers

## Rhai dyddiadau pwysig... A few Important Dates.....

Dydd Gŵyl  
Dewi  
St David's Day

1af



Diwrnod y  
Llyfr  
World Book  
Day

5ed



21ain

Diwrnod  
Barddoniaeth y  
Byd  
World Poetry  
Day



Diwrnod  
Coedwigoedd y  
byd  
National Day of  
Forests

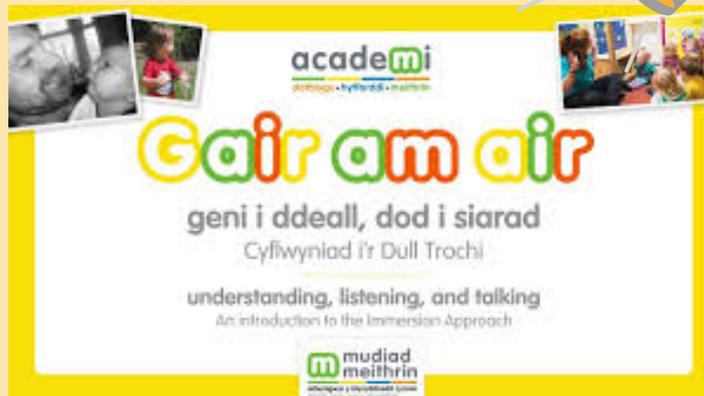
21ain

Gweler y tudalennau i deuluoedd am adnoddau i'ch cefnogi i ddathlu Dydd Gŵyl Dewi!

See family following pages for resources to help with celebrating St David's Day!

## Taflu golau ar.... A spotlight on...

Mae'r adnodd hyfforddi 'Gair am Air: Cyflwyniad i'r Dull Trochi' yn rhoi esboniad o beth yw'r dull trochi a pham mai dyma'r dull mwyaf effeithiol i blant ifanc ddysgu iaith.



Mae'r adnodd ar gael i bawb ar wefan y Mudiad Meithrin:

The resource is available to all on the Mudiad Meithrin's website:

<https://meithrin.cymru/language-immersion-method/?lang=en>

The training resource Gair am Air: Cyflwyniad i'r Dull Trochi (Introduction to the Immersion Method) provides an explanation of what the immersion method is and why it is the most effective approach for young children to learn a language.



Bwrdd Iechyd Prifysgol Hywel Dda  
University Health Board

