

Gweithdai Gwyl Haf Workshops

Seated Dance

Enjoy music and movement in this fun filled dance session with Ashley. Have the freedom to move while comfortably seated, or for those wanting to take it that step further, stand and embrace the space at the beautiful gardens.

12-12.30pm



Inclusive Dance

A gentle & enlivening outdoor movement workshop, accessible to all. We will connect with each other & the nature of the garden, particularly the trees.

2-2.45pm

Twmpath Dance

Come and enjoy a Twmpath and have fun learning some Welsh dances. A fantastic way to end a fun filled festival day.

No experience needed.

3.30-4.30pm

Silent Disco- Dance workshop, The Joy of Summer

To celebrate the joy of summer we will dance through the gardens learning and creating dances inspired by the garden in summer and all the joy that this season brings.

Expect bright coloured props, great music and lots of fun for ages with Freya.

11-11.45am

3-3.45pm

Drumming

Join Bongo Clive for Fun With Drums and percussion instruments. Explore Sounds and Rhythms that will make you smile!

10.30-11.15am

11.30-12.15pm

12.30-1pm

2-2.45pm

Stories and Instruments

Nigel will be playing musical instruments from many lands, telling stories talking about the cultures they come from.

10.30-11.30pm

12-1pm

2-2.45pm

Harp

Join Elin in this wonderful opportunity to immerse yourself in the beauty and relaxing sounds of the harp. Using mini harps, you will be guided through some demos, learn some basic tunes, finishing with a little freestyling. A unique opportunity to soak up all the magic the harp has to offer.

10.30-11.15am

11.30-12.15pm

1.30-2.15pm

2.30-3.15pm

3.30-4.15pm

Lino Printing- Explore the art of Lino printing, design and carve your own lino piece to produce bespoke A5 prints with Laura.

(Suitable for ages 16+ or age 12+ with adult)

...A Neville approved workshop, he LOVED all things print!

10.30-12.30pm

2-4pm

Wire work

Join Julia Griffiths Jones in this fun filled workshop and make a unique piece of wirework to take home - in only an hour and a half ! Choose from a variety of coloured wires to decorate and form your own wire art. No previous experience necessary.

...A Neville approved workshop, he having excelled at wire sculpture and craft.

10.30-12pm

12.15-1.45pm

3-4.30pm

Write and Walk

Take a stroll around the gardens with pen and paper (or device) and bring the beauty and poetry of nature to life on the page, guided by local writer and practitioner Lottie Williams.

11-12.30pm

Creative Writing: 'Somewhere Special'.

Through writing activities we shall immerse ourselves in our own special places, invoking memory and senses to bring them to life on the page. Thinking about special places within a special place... No previous experience needed.

2-3pm

3.30-4.30pm

Zendoodle Drawing in Nature (drop in, no need to book)

A mindful drop in session connecting with nature and creating your own unique nature inspired zendoodles.

This relaxing and fun drawing activity is suitable for all ages and abilities.

10.30-1pm

Doodle Walk

A gentle mindful walk stopping along the way to capture shapes, patterns and colours in nature through sketching and doodling. Once back at the glass house you will use guided and relaxed zendoodling techniques to enhance your sketches with thanks to Karen.

2.30-4.30pm

Craft (drop in, no need to book)

Fun, creative craft for all.

10.30-1pm and 2-4.30pm

Fantastic Flora and Fauna Craft (drop in, no need to book)

Fantastical Flora and Butterfly Fauna Fun. Come and create a fantasy flower or winged creature to carry, wear or dance with at our Gwyl Haf festival with Mel.

10.30-1.30pm and 2.30-4.30pm

Aerial Hoop- 'Have-a-go' (Book on the day)

Have you ever wanted to fly? Join us at the aerial rig for relaxed drop-in sessions designed to get you off the ground. No experience needed—just a willingness to try. A chance to move, play and find your own version of flight in a supportive, grounded space.

12-4pm drop in.